

THE BCM EDGE

09th July 26 LEAD360 - EXPLORE, EXPRESS, EXCEL Thursday

LEADERSHIP TRAINING PROGRAM WITH MS. CHITRA UTHAYA M



With an aim to foster modern pedagogical techniques and enhance classroom effectiveness, BCM School, Basant Avenue hosted the inaugural session of a four-day Leadership Training Program focused on Inquiry-Based Lesson Planning. The session was conducted by the esteemed resource person, Ms. Chitra Uthaya M and witnessed active participation from the teaching faculty, alongside the Principals and teachers of all the sister concerns. The program commenced on a serene note with the traditional lamp-lighting ceremony, invoking blessings for a productive day of learning which was followed by the presentation of a green sapling to the revered resource person by Mr. Amitava Ghosh, Director of School Education, and Dr. Vandna Shahi, the Principal, celebrating growth and sustainability. A beautifully choreographed welcome dance by the teachers further set a vibrant and positive tone for the day.



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Thursday



The resource person strongly emphasized that the ultimate goal of modern education must be to transform students from passive, rote learners into active critical thinkers. A key highlight of the training was the detailed exploration of the different phases of inquiry-based learning. Ms. Uthaya guided the teachers through an interactive activity focused on framing effective, high-order inquiry based questions. She beautifully demonstrated the relevance of this approach by emphasizing that true knowledge begins not with a finalized answer, but with the very questions that others often overlook.



To ensure practical implementation, the session transitioned into a workshop format. Teachers were given hands-on experience and tasked with designing an authentic, inquiry-based lesson plan. Speaking on the occasion, the Principal, Dr. Vandna Shahi emphasized that such rigorous training sessions are indispensable for the continuous professional growth of educators.



The highly productive session drew to a close with a formal vote of thanks proposed by Ms. Shilpi Gurtu, the Primary Wing Head Mistress who expressed deep gratitude to the resource person for her invaluable insights and to the school management for organizing such empowering professional development initiatives.

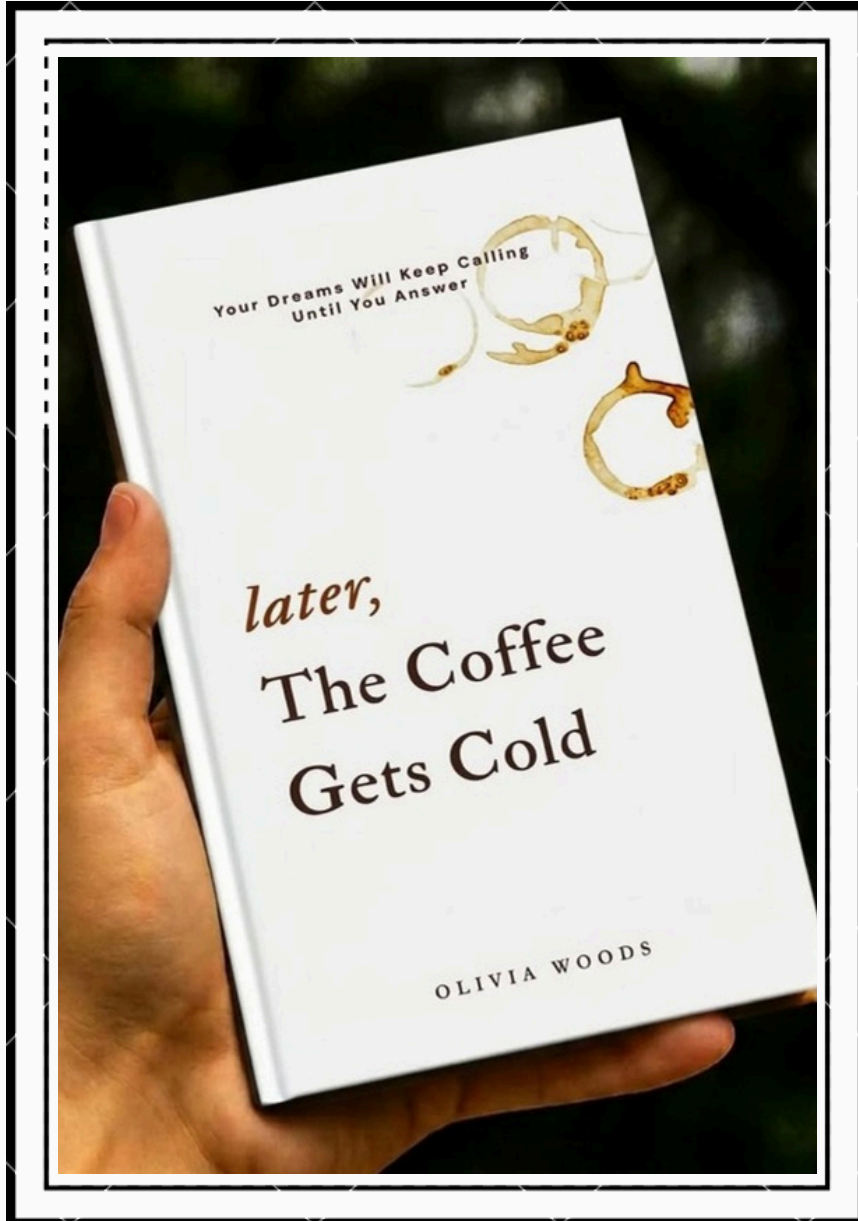
On the whole, the training program proved to be an immensely interactive, enriching and transformative experience, leaving the faculty well-equipped to nurture curiosity and critical thinking in their classrooms

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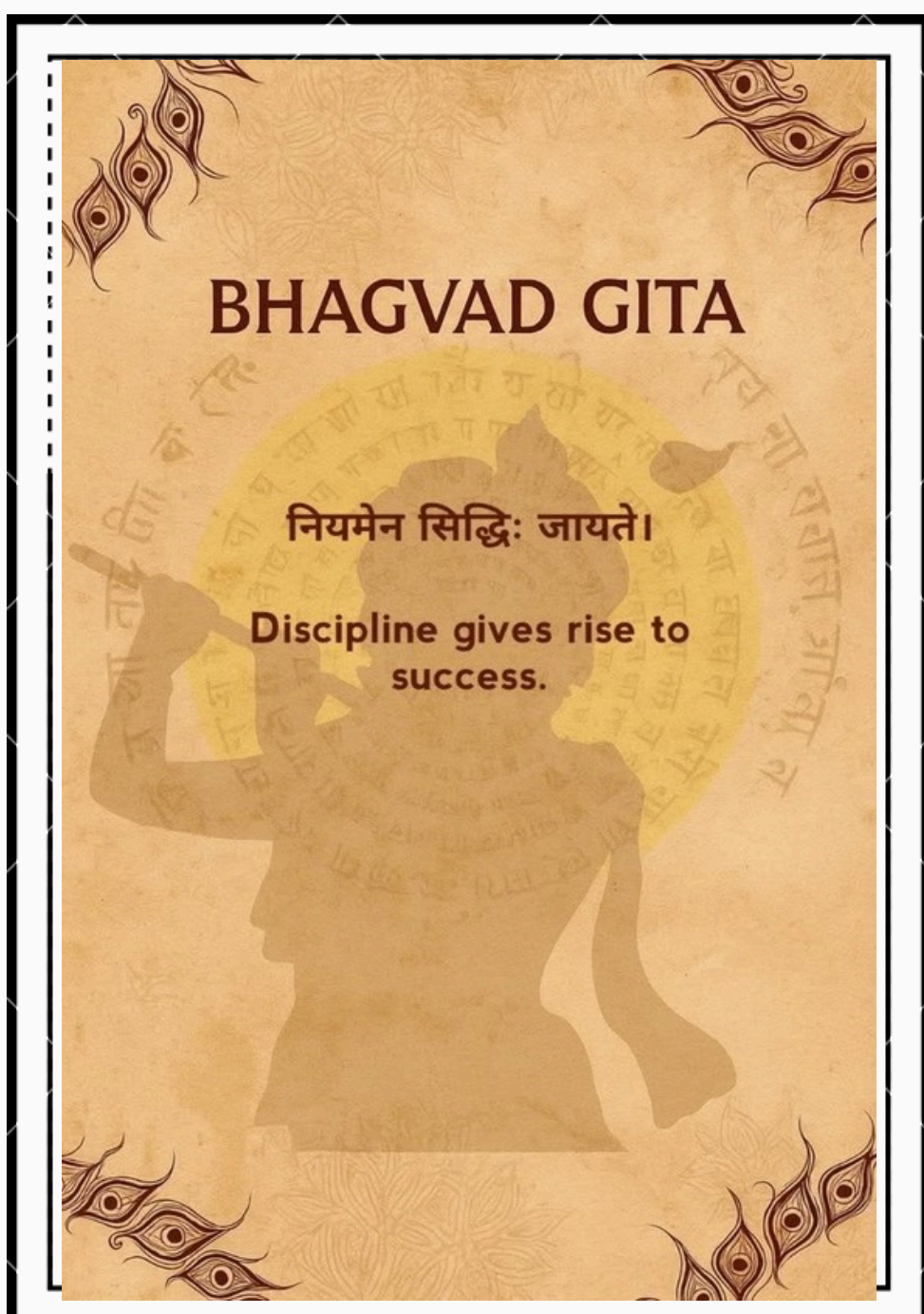
BOOK RECOMMENDATION :

LATER, THE COFFEE GETS COLD

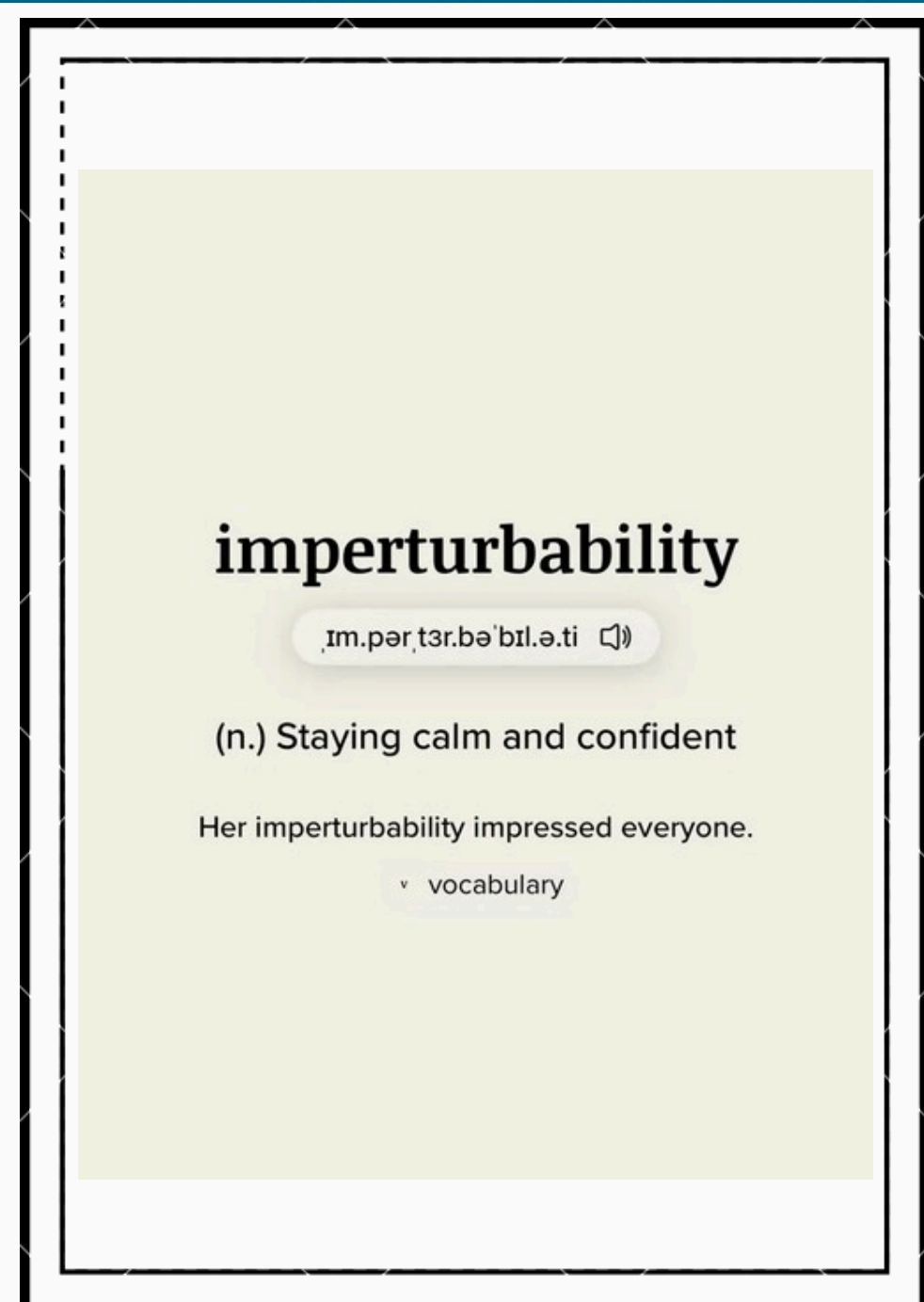


Later, the Coffee Gets Cold by Olivia Woods is a gentle yet powerful reminder that our biggest dreams often fade—not because they are impossible, but because we keep postponing them. Through heartfelt reflections and relatable insights, the book challenges readers to stop waiting for the "perfect time" and start embracing the present. It inspires action, encourages self-belief, and highlights how procrastination quietly steals opportunities, relationships, and purpose. If you've ever found yourself saying, "I'll do it later," this book offers the motivation to choose courage over delay and begin creating the life you've always imagined

THOUGHT OF THE DAY



WORD



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Friday

SHIFTING PARADIGMS IN EDUCATION: LEADERSHIP TRAINING PROGRAM AT BCM SCHOOL



The 4 day Leadership Training Program, aimed at fostering academic excellence and pedagogical innovation, successfully progressed into its second day at BCM School, Basant City. The event witnessed an enthusiastic gathering of Principals and educators representing all sister concerns, creating a collaborative platform for professional synergy. The core agenda of the day centered on elevating classroom dynamics by shifting from routine teaching practices to deeply engaging, student-centric methodologies.

The session commenced with an illuminating discussion that clarified the fundamental distinction between activity-based learning and true experiential learning. While activity-based learning often involves students performing tasks, the resource person Ms Chitra Uthaya emphasized that experiential learning goes a step further by anchoring those tasks in conscious reflection and real-world application. She seamlessly correlated the discussion with Kolb's Learning Cycle, meticulously highlighting its four core stages. Urging the teaching fraternity not to rush through curriculum merely for completion, she guided them to take a deliberate pause and allow students the time to reflect, absorb, and integrate their knowledge. Speaking on the overarching impact of the event, Principal Dr. Vandna Shahi, highly commended the initiative. She underscored that such intensive programs are indispensable catalysts for the professional growth of teachers. They keep them aligned with evolving global educational standards and equip them to nurture future-ready classrooms.

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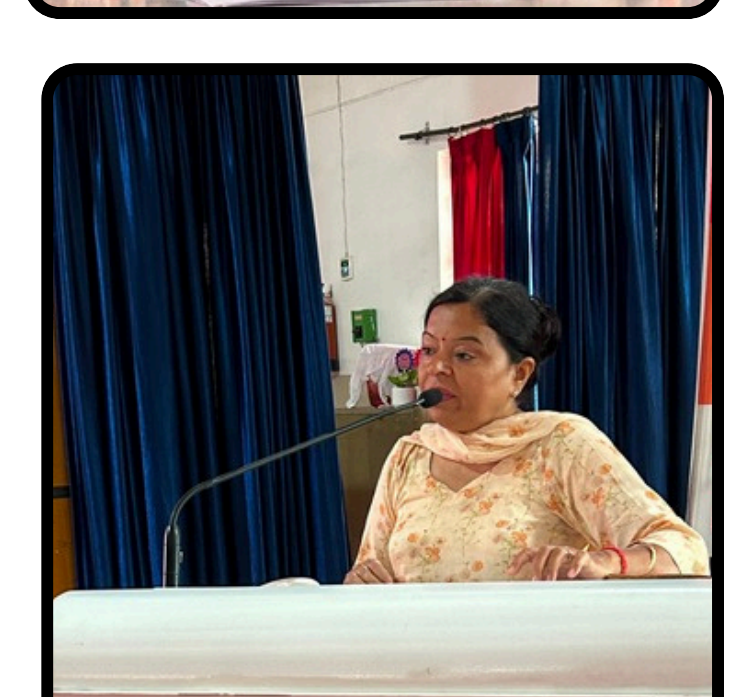
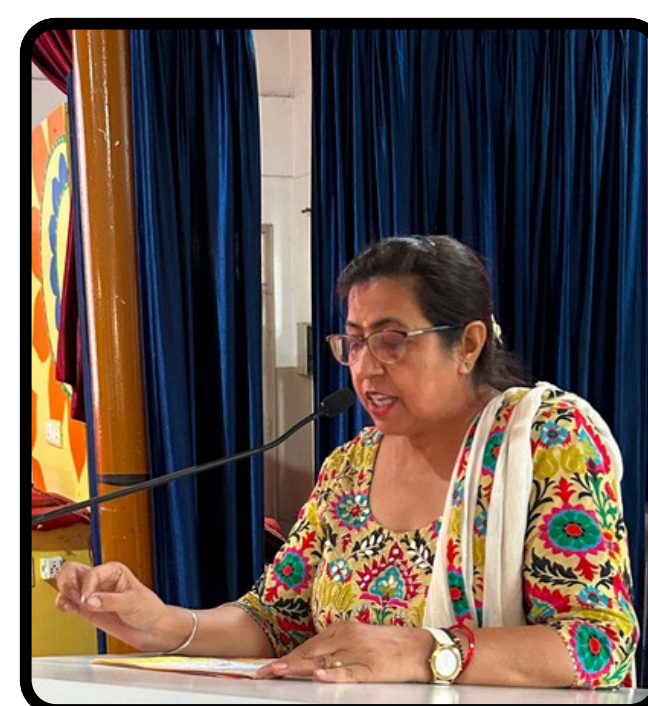
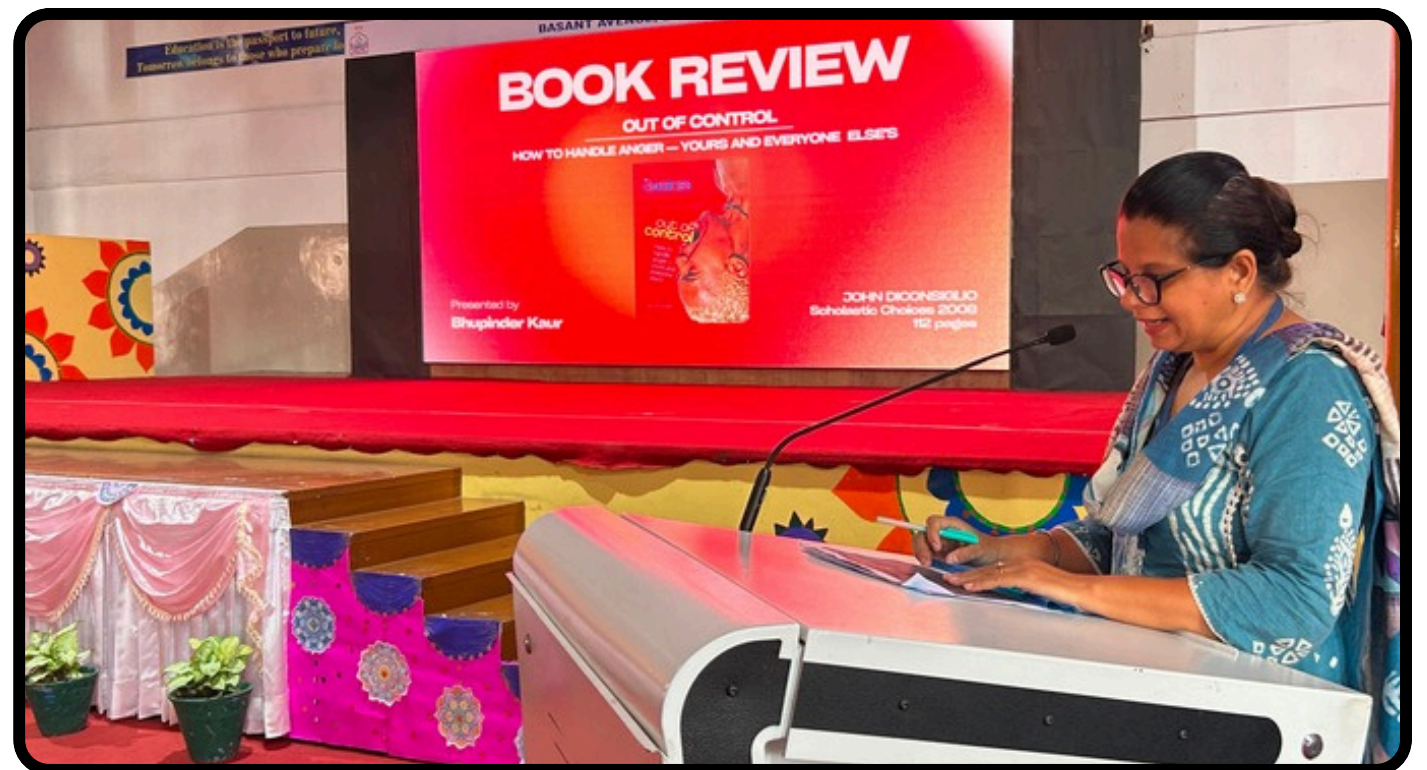
Friday

BOOK REVIEW PRESENTATION: A CELEBRATION OF READING AND REFLECTION

To foster a culture of reading and continuous learning, the school organised an engaging Book Review Presentation for its teachers. The session was observed by Ms. Vakita, Mrs. Virpal, and Ms. Pooja Ahuja, who appreciated the enthusiasm, confidence, and insightful presentations by the participants.

Teachers reviewed a diverse range of inspiring books, including Learning Disabilities in India, How to Develop a Pleasing Personality, Change Your Life – Be a Happy Soul, Be Happy, Be Healthy, The Power of Your Subconscious Mind, Think Less, Learn More, and Building Self-Esteem in Children. Each presentation highlighted valuable life lessons, practical strategies, and thought-provoking ideas that resonated with the audience.

The session became a vibrant platform for exchanging perspectives, encouraging meaningful discussions, and inspiring fellow educators to explore new books. It reinforced the belief that books are not merely sources of information but powerful tools for personal and professional growth. The activity concluded on a motivating note, reminding everyone that knowledge multiplies when it is shared, and that a community of readers is a community that continues to learn, inspire, and grow together.



THE BCM EDGE

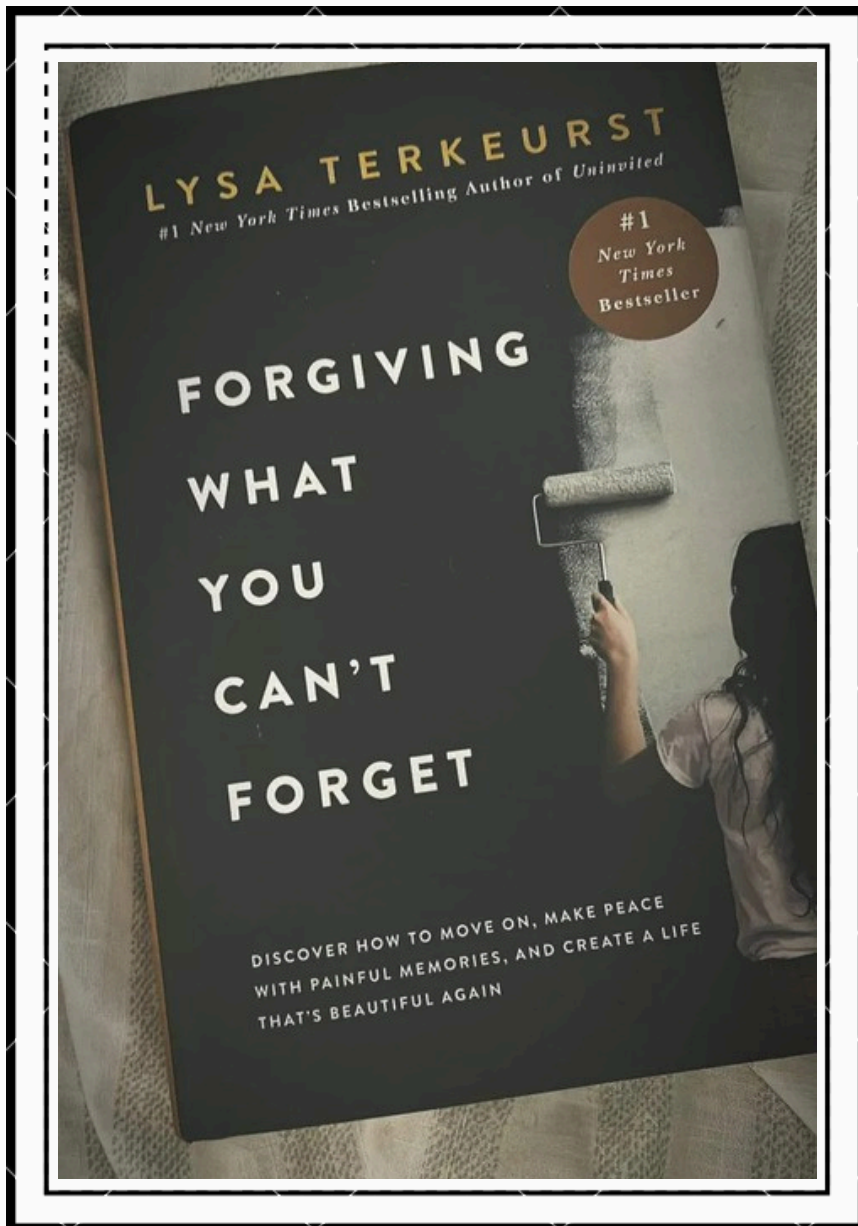
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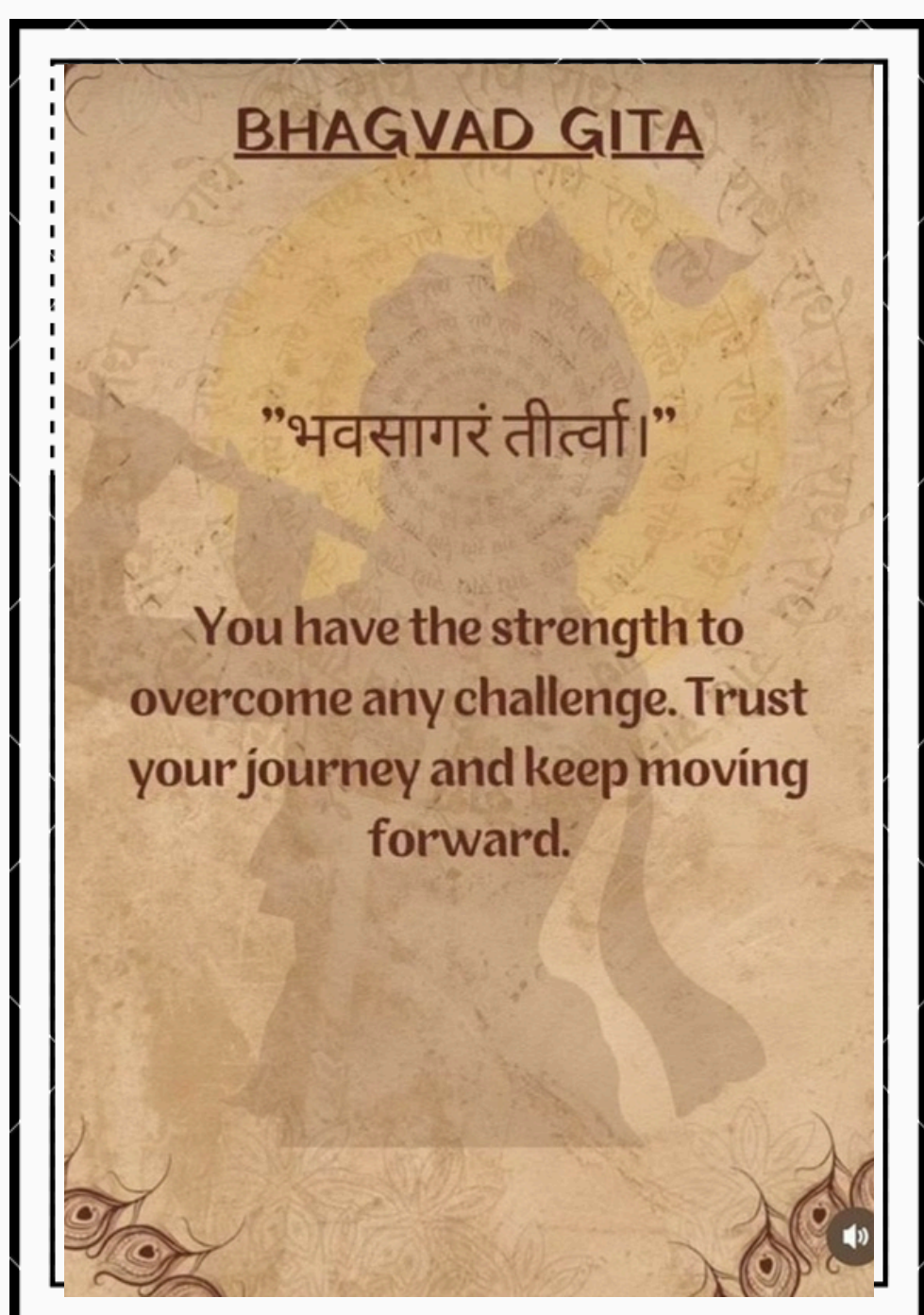
BOOK RECOMMENDATION :

FORGIVING WHAT YOU CAN'T FORGET

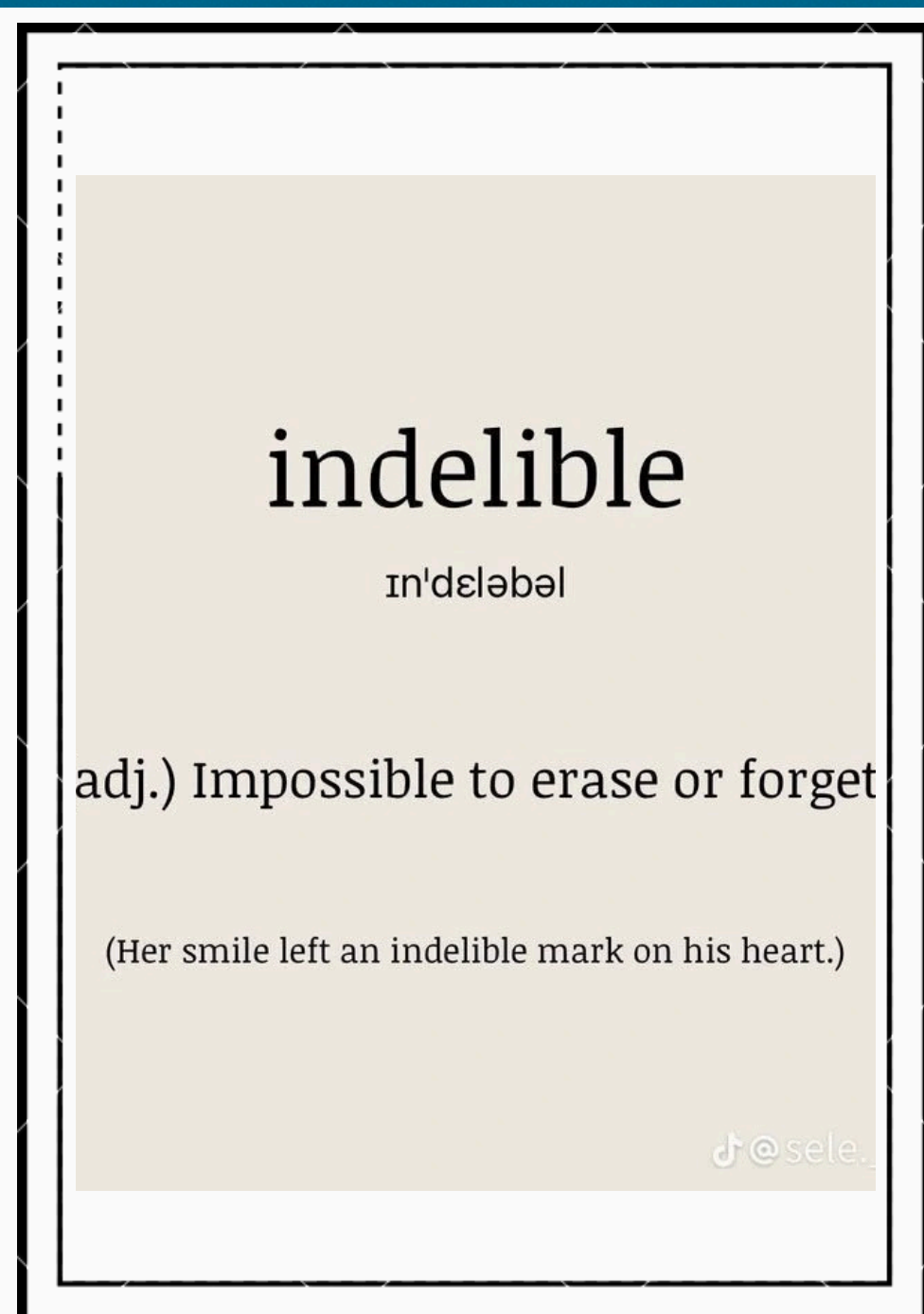


Forgiving What You Can't Forget by Lysa TerKeurst is a deeply compassionate guide for anyone struggling with hurt, betrayal, or disappointment. Rather than asking readers to ignore their pain, the book offers practical and faith-based insights on processing difficult emotions, finding peace, and moving forward without being defined by the past. Through personal experiences, relatable stories, and gentle wisdom, TerKeurst reminds us that forgiveness is a journey of healing, not a one-time decision. Whether you're navigating broken relationships or carrying old wounds, this book provides hope, strength, and encouragement to let go of bitterness while embracing emotional freedom. It is an inspiring read for anyone seeking healing and inner peace.

THOUGHT OF THE DAY



WORD



THE BCM EDGE

11th July' 26 **LEAD360 - EXPLORE, EXPRESS, EXCEL** **Saturday**

PROFESSIONAL DEVELOPMENT SESSION ON EMPOWERING MIDDLE LEADERS FOR EDUCATIONAL EXCELLENCE



An insightful session on “Empowering Middle Leaders for Educational Excellence” was conducted by Dr. A. Senthil Kumaran at BCM School, Chandigarh Road. The session focused on strengthening leadership competencies and enhancing effective lesson planning to foster excellence in teaching and learning.

Dr. Kumaran began by discussing the significance of purposeful lesson planning and the challenges teachers encounter in classroom implementation. Reinforcing the idea that “Change happens slowly, but it definitely happens,” he encouraged educators to embrace continuous learning and reflective practice.

Highlighting the pivotal role of middle leaders, he emphasized their responsibility in promoting academic excellence, mentoring teachers, nurturing student well-being, and building a collaborative school culture. Participants were introduced to the PDSA (Plan–Do–Study–Act) cycle as an effective framework for reflective lesson planning and continuous improvement. He also underscored the value of experiential learning and advocated the thoughtful integration of AI tools, while reminding educators that technology can support—but never replace—the meaningful teacher-student relationship.

The session concluded with a renewed sense of purpose, inspiring participants to lead with vision, foster collaboration, and drive continuous improvement towards achieving educational excellence.

THE BCM EDGE

11th July' 26

LEAD360 - EXPLORE, EXPRESS, EXCEL

Saturday

STRESS MANAGEMENT WORKSHOP BY MS. POOJA KHANNA



The school organised an enriching and thought-provoking training session for its teaching fraternity on the theme 'Stress Management and Performance Management.' The workshop was conducted by Ms. Pooja Khanna, Founder of 'Find Your True North', who shared practical strategies to help educators effectively manage stress while enhancing their professional performance and personal well-being.

The session highlighted the growing challenge of stress and burnout among educators and emphasised that while a certain level of stress is essential for peak performance, prolonged stress without adequate recovery leads to emotional exhaustion and reduced effectiveness. Ms. Khanna explained the three dimensions of burnout—emotional exhaustion, depersonalisation, and a reduced sense of accomplishment—while stressing that burnout is not a measure of a teacher's worth but a signal that the surrounding ecosystem requires attention.

The resource person also inspired teachers to bounce back from setbacks, protect their energy, and reshape their professional roles with purpose and meaning. The workshop concluded on a highly positive note, with teachers reflecting on the importance of self-care, purposeful work, and continuous personal growth. The faculty expressed gratitude to Ms. Pooja Khanna for conducting such a power packed session that empowered teachers with practical tools to nurture their own well-being while creating happier, healthier, and more engaging learning environments for their students.

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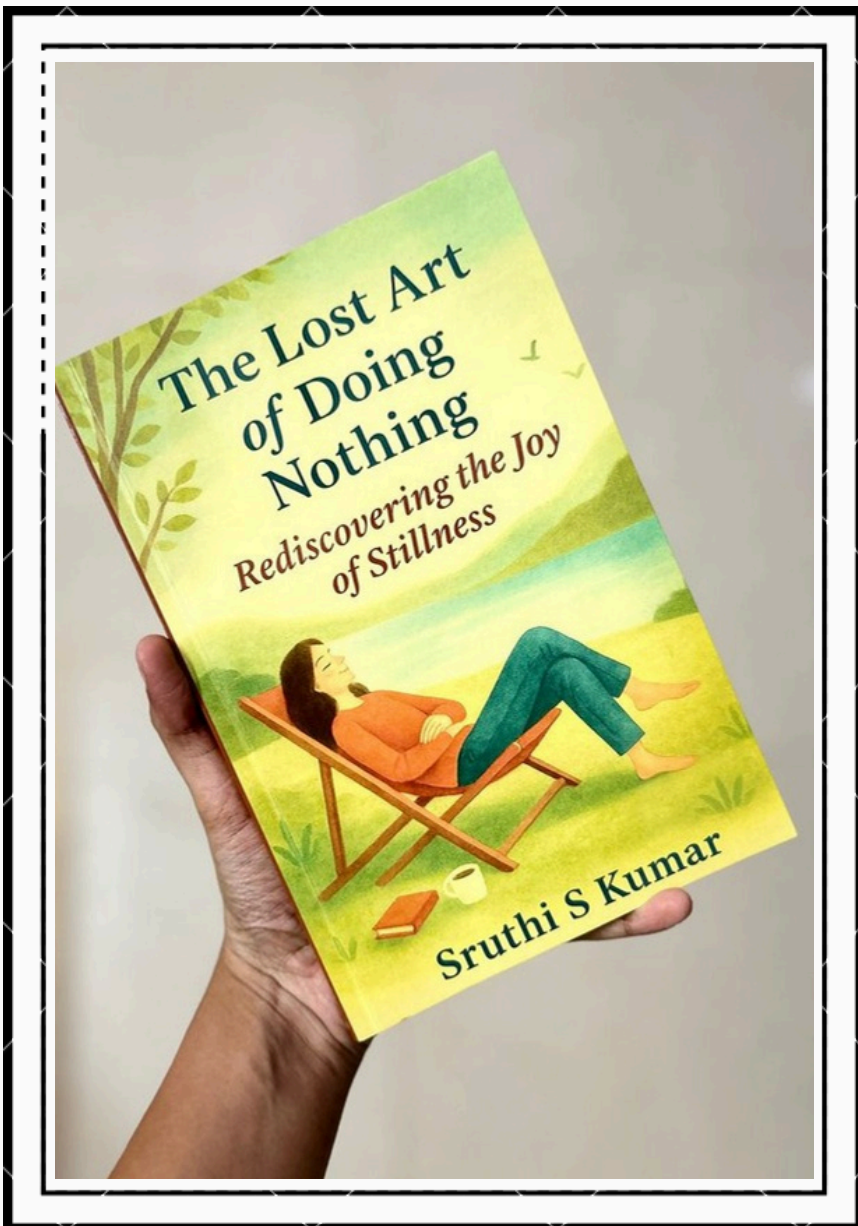
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LEAD360 - EXPLORE, EXPRESS, EXCEL

Saturday

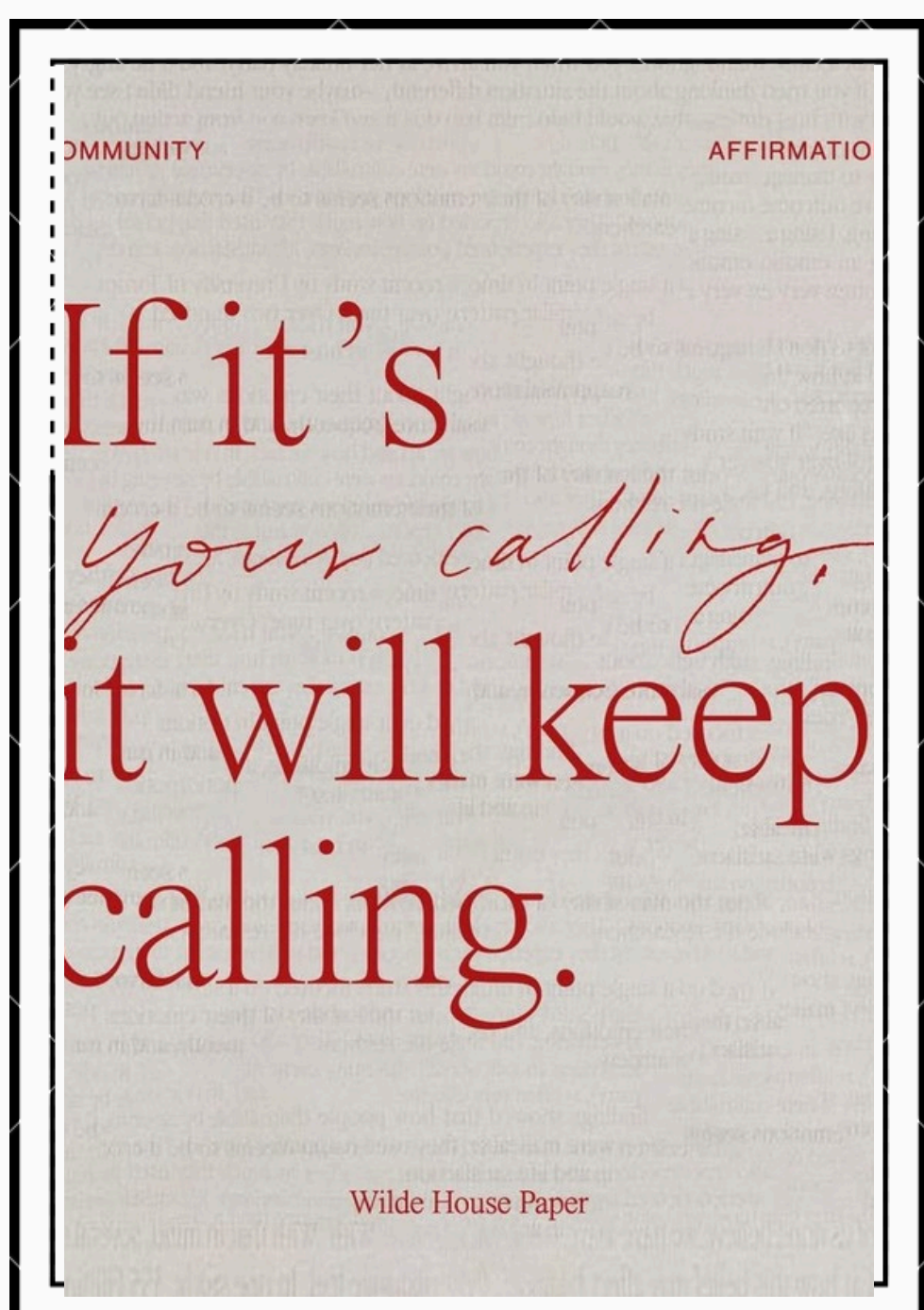
BOOK RECOMMENDATION :

THE LOST ART OF DOING NOTHING

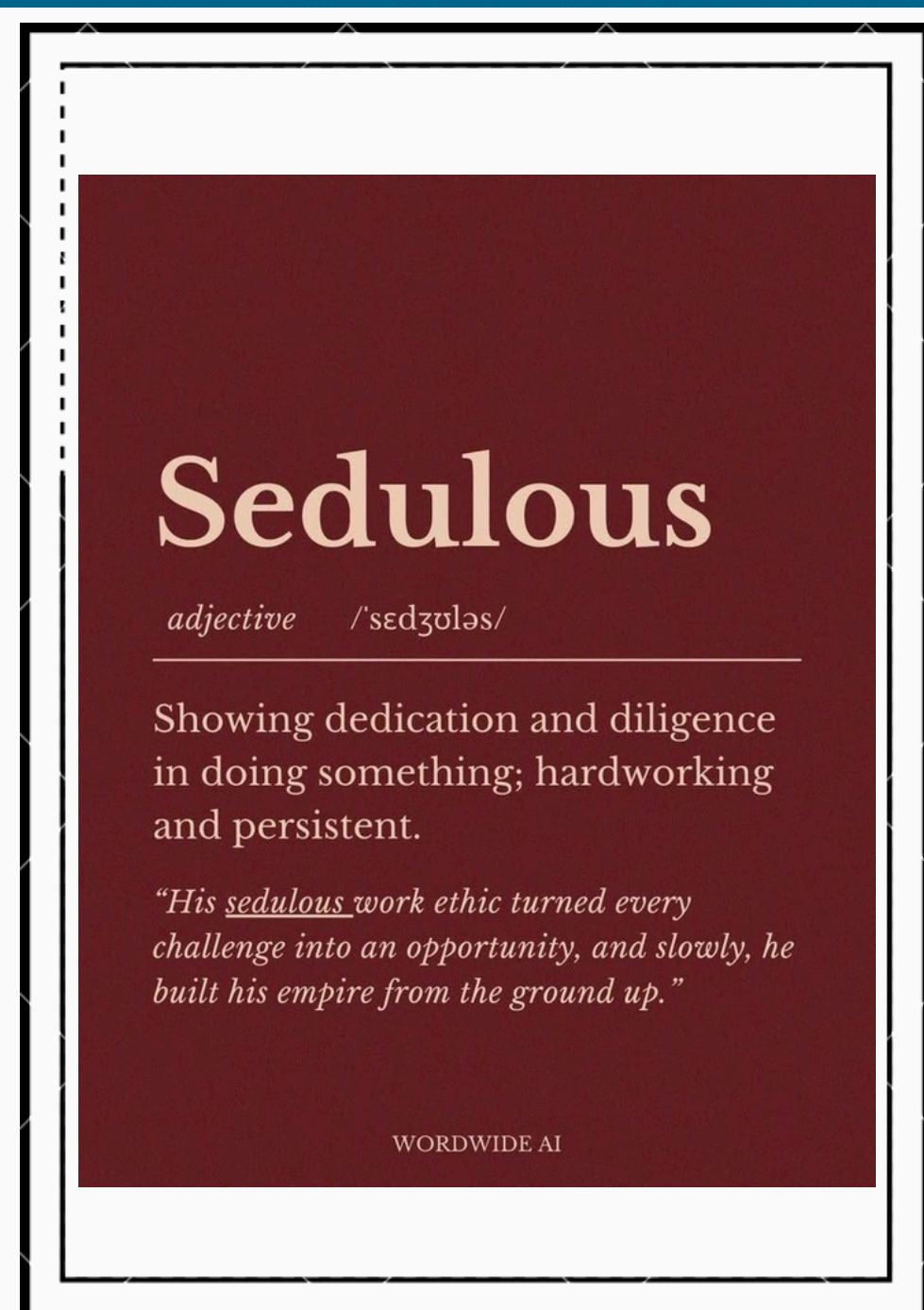


The Lost Art of Doing Nothing is a refreshing reminder that slowing down is not laziness but an essential part of living a balanced and meaningful life. In a world driven by constant hustle, the book encourages readers to embrace stillness, mindfulness, and the joy of simply being present. Through thoughtful insights and practical reflections, it shows how taking intentional pauses can reduce stress, spark creativity, and improve overall well-being. This book is ideal for anyone feeling overwhelmed by the pace of modern life and looking to rediscover peace, purpose, and the value of unhurried moments. It inspires readers to redefine success beyond constant productivity and appreciate life's simple pleasures.

THOUGHT OF THE DAY



WORD



THE BCM EDGE

13th July' 26

LEAD360 - EXPLORE, EXPRESS, EXCEL

Monday



WELCOME *back to school*

Dear Children,

For the past few weeks, our classrooms held their breath.

The blackboards waited for fresh ideas, the library missed the gentle rustle of curious hands, and the playground longed for the music of your laughter. Even the morning breeze seemed to whisper, *"When will my children return?"*

And today... you are here.

You may think you have simply returned after a holiday, but to us, you have brought life back to our school. Whether your vacation was filled with adventures or quiet moments with loved ones, every experience has added a new colour to your journey. After all, some of life's most meaningful lessons are learnt beyond the classroom.

As we continue our journey together, remember that education is not about being better than others; it is about becoming better than you were yesterday. Wear your school uniform with pride, carrying not just books but also your dreams, your parents' hopes, and your teachers' faith in you.

Welcome back to the place where your curiosity is cherished, your efforts are celebrated, and your dreams are nurtured. Let us fill these classrooms once again—with learning, kindness, and memories that will last a lifetime.

With affection and faith in each one of you,

 **Dr. Vandna Shahi** 
Principal

THE BCM EDGE

13th July' 26

LEAD360 - EXPLORE, EXPRESS, EXCEL

Monday

DAY 2 OF THE PROFESSIONAL DEVELOPMENT PROGRAM ON EMPOWERING MIDDLE LEADERS



Day 2 of the Professional Development Program on Empowering Middle Leaders for Educational Excellence focused on Designing Effective Lesson Plans. The session began with a recap of Day 1, followed by an introduction to the PSDA (Plan–Study–Do–Act) Cycle, highlighting its role in reflective teaching, continuous improvement and effective lesson planning.

The resource person, Dr. A. Senthil Kumaran, guided participants through practical academic planning by presenting sample review formats for Heads and Coordinators, emphasizing effective monitoring and feedback to strengthen instructional leadership. The session also explored assessment strategies aligned with learning outcomes, introducing competency-based rubrics for objective lesson plan evaluation and a comprehensive academic timeline for systematic planning and review.

Educators collaboratively reviewed the lesson plan assessment rubrics, engaging in insightful discussions to enhance the quality and consistency of lesson planning. Through interactive activities, practical resources and collaborative learning, participants gained valuable strategies to strengthen instructional planning, refine assessment practices and foster reflective teaching.

The programme concluded with participants expressing their appreciation to Dr. A. Senthil Kumaran for his enriching guidance and invaluable contribution to their professional learning journey.

THE BCM EDGE

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LEAD360 - EXPLORE, EXPRESS, EXCEL

Monday

NURTURING FINANCIAL AWARENESS WITH MR. VIKAS SOFAT



The school organised an enriching Financial Planning and Wellness Session for its teaching faculty to promote financial literacy and responsible investment practices.

The session was conducted by Mr. Vikas Sofat, Business Growth Professional and Financial Wellness Trainer. The resource person emphasised the importance of financial planning, goal-based investing, asset allocation, and the impact of inflation on long-term wealth creation. He encouraged participants to adopt the habit of saving first, investing regularly through SIPs, and creating additional sources of income.

The expert also explained various investment avenues, including mutual funds, stocks, bonds, gold, bank deposits, and insurance, while highlighting different categories of mutual funds.

The interactive session enhanced the participants' understanding of financial management and inspired them to make informed financial decisions for a secure future.

School Principal, Dr. Vandna Shahi, appreciated the initiative and remarked that financial literacy is an essential life skill. She encouraged teachers to adopt sound financial practices for long-term security and well-being. The programme reflected BCM School's commitment to the holistic development and welfare of its staff.



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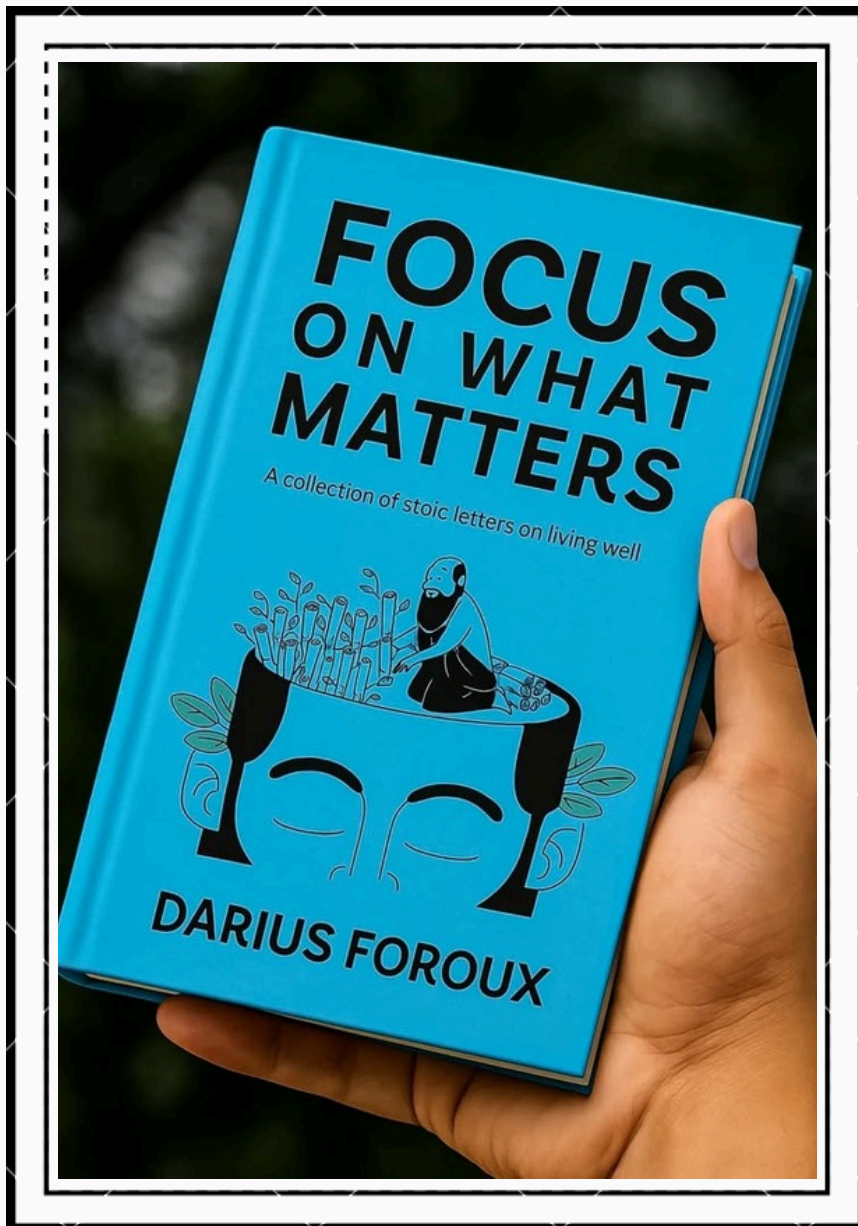
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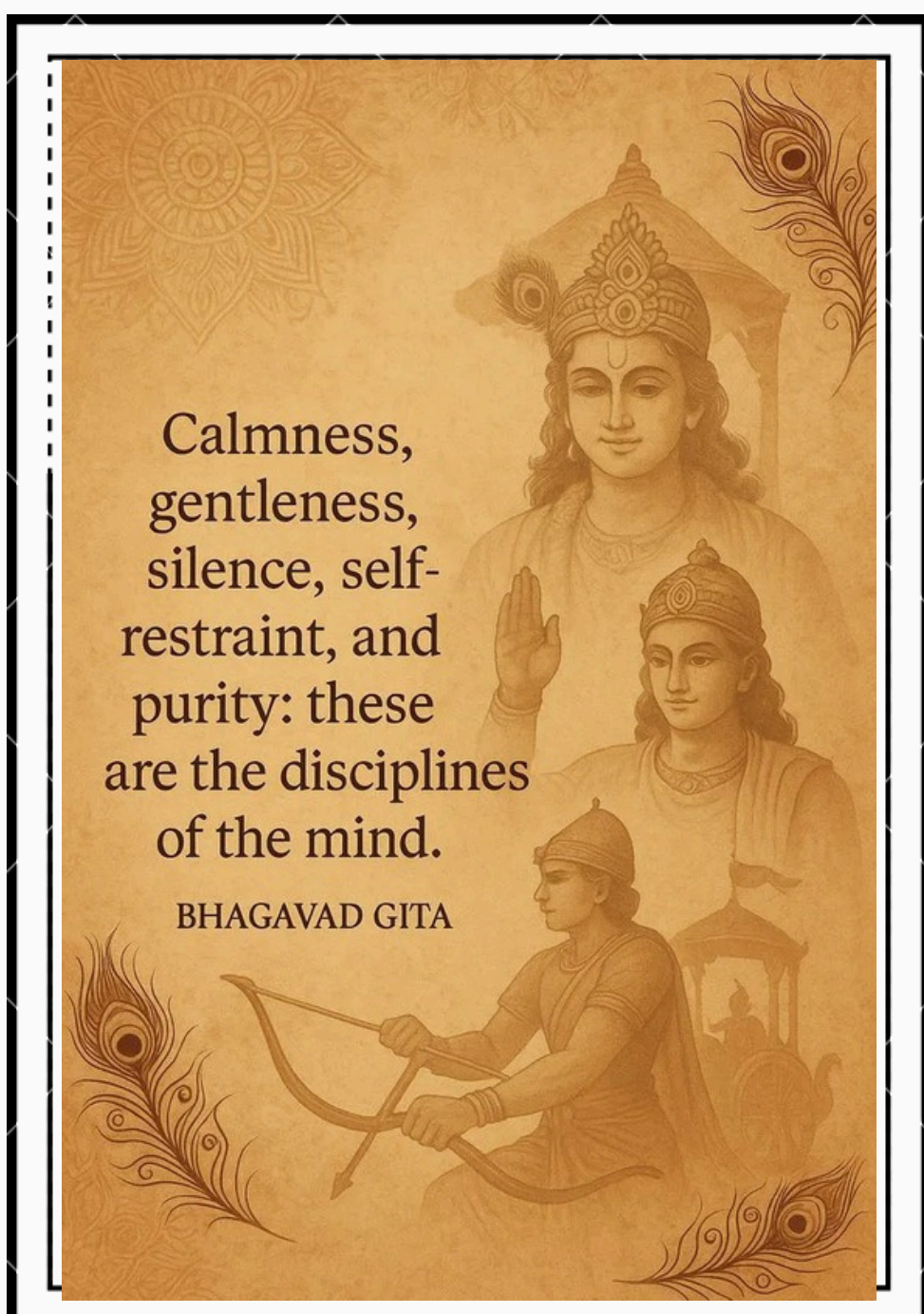
BOOK RECOMMENDATION :

FOCUS ON WHAT MATTERS

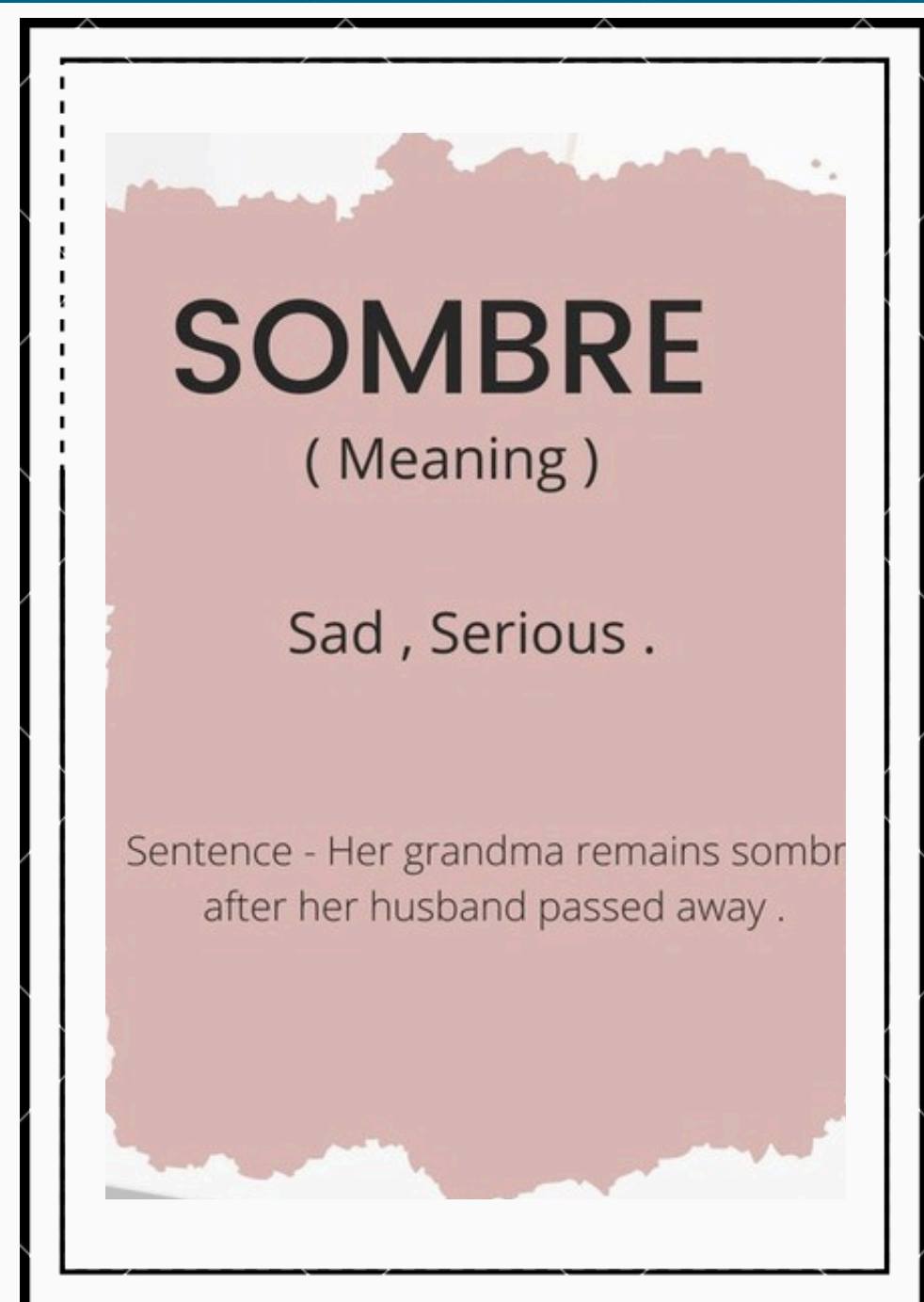


Focus on What Matters by Darius Foroux is a practical guide for anyone who feels overwhelmed by endless tasks and distractions. Instead of chasing productivity for its own sake, the author shows how to identify what truly deserves your time and energy. Through simple, actionable insights, he encourages readers to eliminate the unnecessary, build meaningful habits, and stay consistent with their goals. The book is concise, easy to read, and highly applicable to everyday life. It is an excellent choice for students, professionals, and anyone striving to live with greater clarity, purpose, and intention. Its timeless lessons remind us that success comes not from doing more, but from doing what truly matters. A must-read for anyone seeking a balanced, focused, and fulfilling life.

THOUGHT OF THE DAY



WORD





BCM SCHOOL

BASANT AVENUE, DUGRI ROAD, LUDHIANA

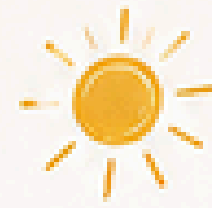
BCMF
BCM FOUNDATION

THE BCM EDGE

14th July '26

LEAD360 - EXPLORE, EXPRESS, EXCEL

Tuesday



FIRST DAY OF *School*

AFTER

Summer Vacations



Principal **Dr. Vandna Shahi**
and the **teachers**
warmly welcomed
our students back to school
with smiles, encouragement, and
beautiful wishes for a wonderful
learning journey ahead.



“

A new chapter begins, new friends to meet,
new lessons to learn and new memories to create.

”



THE BCM EDGE

14th July' 26

LEAD360 - EXPLORE, EXPRESS, EXCEL

Tuesday

STUDENT CORNER

The Golden Hour



-Swatej Singh

As the golden hour softly came, XII Science A
As the night made its claim,
The sky became an artist's dream,
when the evening sun kissed
the quiet stream.

As the world grew calm
under the golden grace,
As the evening star dawned,
for a while the world became
an ethereal place,
as the golden canopy spread
far and beyond..

As the world stood still,
before the daylight's final spill,
The sky became an artist's dream,
when the evening sun kissed
the quiet stream.

“The golden hour reminds us that even endings
are beautiful, for they paint the sky with hope,
peace, and infinite dreams.”



THE BCM EDGE

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LEAD360 - EXPLORE, EXPRESS, EXCEL

Tuesday



The Power of *Curiosity:* Asking Questions That Change the World

*"Curiosity is the wick in the candle of learning."
— William Arthur Ward*



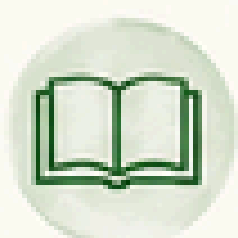
By Suruchi Jolly
Coordinator - Humanities



Every remarkable discovery, every revolutionary invention, and every significant social change began with a simple question. Why does an apple fall? What lies beyond the stars? Can diseases be cured? What if the world could be a better place? The story of humanity is, in many ways, the story of curiosity. Every great achievement began when someone dared to ask, "What if?"



Children are naturally curious. They constantly ask **Why? How? What if?** These questions are not signs of ignorance but the foundation of learning. Curiosity is the spark that fuels creativity, innovation, and lifelong growth. It is this sense of wonder that turns ordinary moments into extraordinary discoveries. Yet, as we grow older, many of us hesitate to ask questions, fearing we may appear uninformed. History, however, reminds us that progress belongs not to those who know everything, but to those who are brave enough to keep asking.



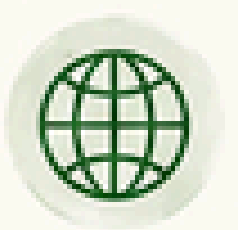
Curiosity is much more than the pursuit of knowledge. It is the courage to explore the unknown, challenge assumptions, and seek better solutions. In today's rapidly evolving world, where information is only a click away, asking meaningful questions is more important than simply memorising answers.



A curious student reads beyond the syllabus, embraces challenges, and learns with enthusiasm. A curious teacher inspires young minds by exploring new ideas. A curious citizen questions misinformation and values truth. Curiosity not only sharpens the mind but also opens the heart to new perspectives and possibilities.



The National Education Policy 2020 rightly emphasises inquiry-based and experiential learning because education is not about filling minds with information—it is about lighting minds with imagination. A classroom where students feel encouraged to ask "Why?", "How?", and "What if?" becomes a place where confidence flourishes, creativity thrives, and meaningful learning takes root.



However, curiosity must always be guided by responsibility. In the age of artificial intelligence and digital media, seeking authentic information, verifying facts, and using knowledge ethically are just as important as asking questions. Responsible curiosity empowers us to distinguish truth from misinformation and wisdom from mere information.



*Let us keep that flame of curiosity alive, for it is this flame
that illuminates minds, transforms lives,
and shapes a brighter future for humanity.*



“
As educators and
learners, let us
celebrate questions
as much as answers.

The future does not
belong to those who
know the most—
it belongs to those
who **never stop asking,**
never stop learning,
and never stop wondering.

Every great change
begins with a question,
and every question has
the power to **change**
the world.



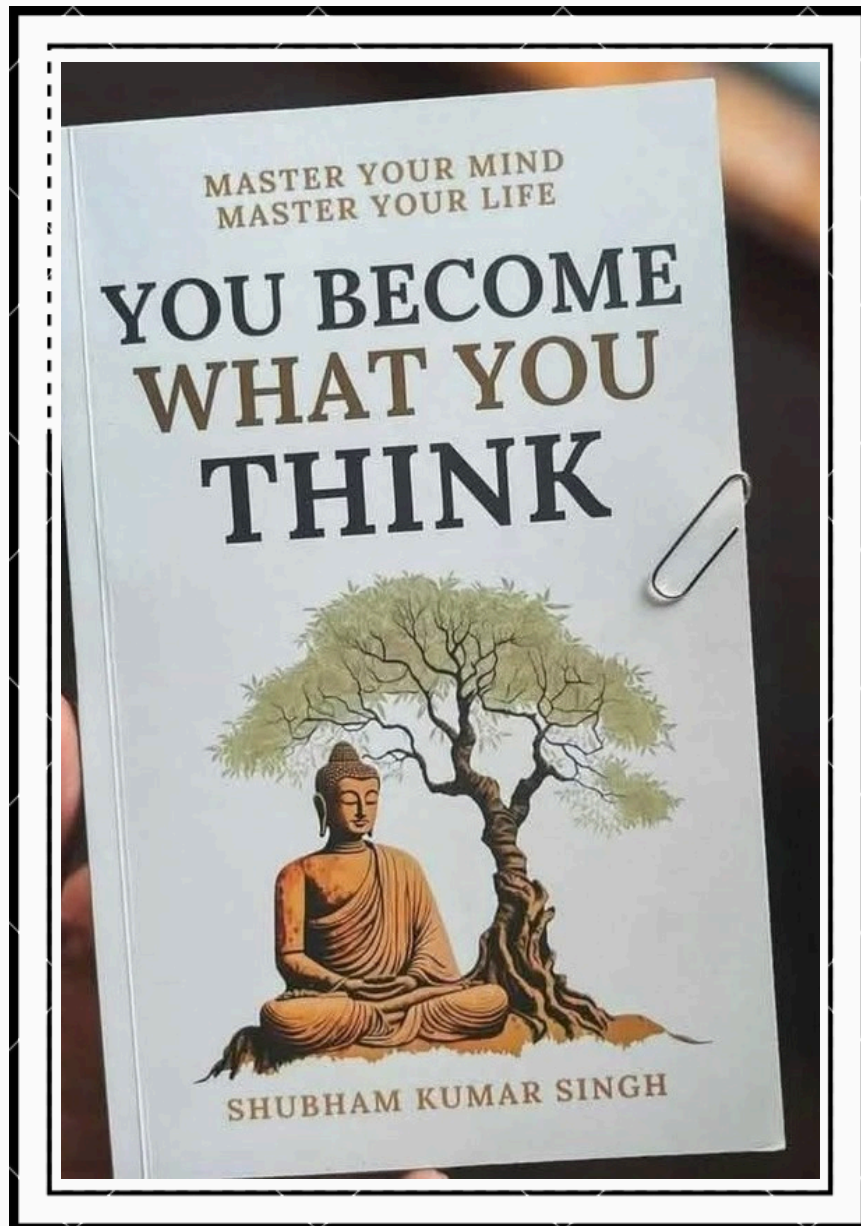
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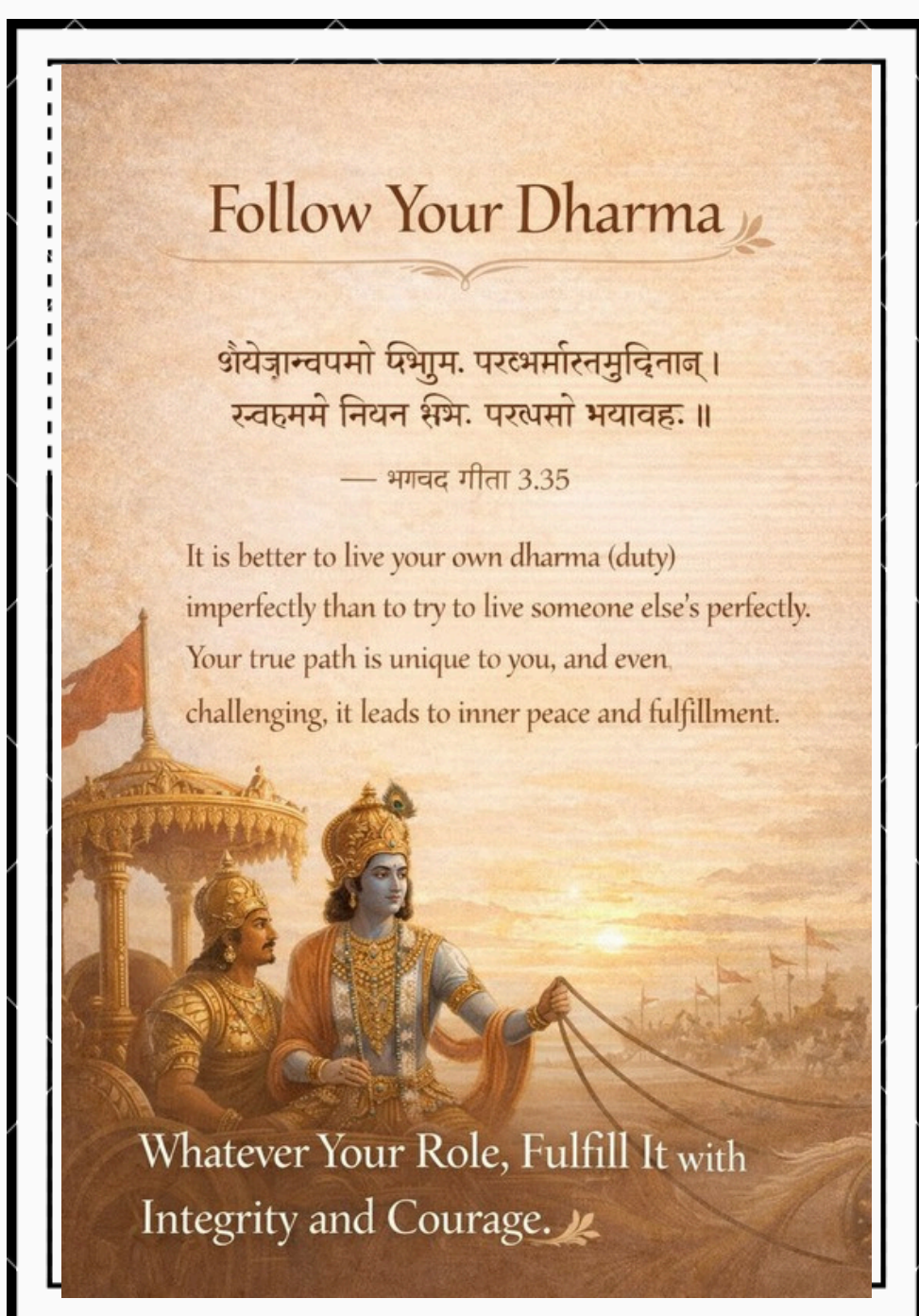
Tuesday

BOOK RECOMMENDATION : YOU BECOME WHAT YOU THINK

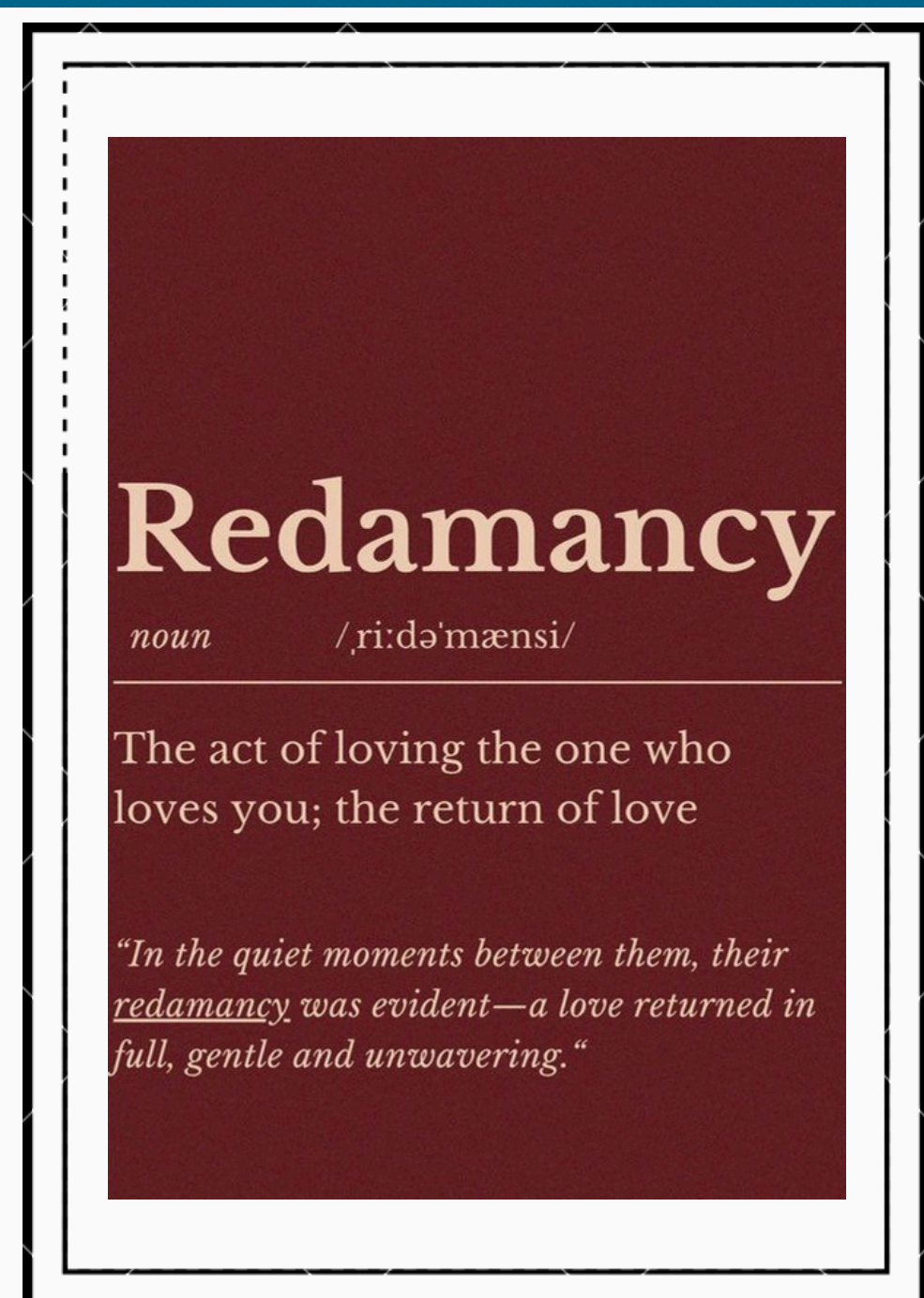


You Become What You Think by Shubham Kumar is a powerful reminder that our thoughts shape our actions, habits, and ultimately our destiny. Written in a simple yet impactful style, the book encourages readers to develop a positive mindset, overcome self-doubt, and take responsibility for their personal growth. Through practical insights and motivational examples, it inspires individuals to replace limiting beliefs with empowering ones and cultivate confidence, discipline, and resilience. Ideal for students, educators, and young professionals, this book serves as a guide to unlocking one's true potential. It reinforces the timeless truth that success begins in the mind, making it a valuable read for anyone striving to lead a purposeful and fulfilling life.

THOUGHT OF THE DAY



WORD





BCM SCHOOL

BASANT AVENUE, DUGRI ROAD, LUDHIANA



THE BCM EDGE

15th July' 26 LEAD360 - EXPLORE, EXPRESS, EXCEL Wednesday

100+ BCM SCHOOL STUDENTS EXCEL IN SUMMER INTERNSHIP PROGRAMME; 17 RECOGNISED FOR OUTSTANDING ACHIEVEMENT



In a significant initiative aligned with the vision of the National Education Policy (NEP) 2020, BCM School, Basant Avenue, Dugri Road, Ludhiana, in collaboration with Counselinn Group of Institutions, successfully facilitated a Summer Internship and Skill Development Programme aimed at enhancing students' practical knowledge and career readiness.

More than 100 students from the school enthusiastically participated across 14 diverse domains, including Data Management, Applied Psychology, Digital Marketing, Social Media, Outreach & Campus Ambassadorship, Entrepreneurship, and several other emerging fields. The internship drive, conducted under the guidance of the school's faculty team and coordinated by Ms. Sankriti Verma, witnessed active participation and commendable performances from students throughout its duration.

In recognition of their dedication and excellence, 17 students were honoured for their exceptional performance. Among them, Anshika Nigam of Class XI (Science) earned special appreciation and a cash prize of ₹500 for presenting an innovative business idea during the Entrepreneurship Business Pitch competition.

Appreciating the students' achievements, Principal Dr. Vandna Shahi remarked, "Such programmes not only enhance employability skills but also nurture creativity, innovation, and confidence among young learners. We are delighted to see our students making the most of these opportunities and bringing laurels to the school."



BCM SCHOOL

BASANT AVENUE, DUGRI ROAD, LUDHIANA



THE BCM EDGE

15th July' 26

LEAD360 - EXPLORE, EXPRESS, EXCEL

Wednesday



JUMP, LEARN & PLAY: HOPSCOTCH FUN WITH NUMBERS

The LKG students of BCM School enthusiastically participated in a lively Hopscotch Number Activity, where learning came alive through movement and play. The interactive activity encouraged children to listen attentively as the teacher either displayed or randomly called out a number, and the little learners eagerly jumped onto the correct number on the hopscotch grid.

“Read Today,
Lead Tomorrow”



Reading is one of the best habits a student can develop. It opens the door to knowledge, improves language skills, and builds a strong vocabulary. When students read regularly, they learn new words, better sentence formation, and correct grammar, which helps them in both speaking and writing.



Reading also develops imagination and creativity. Storybooks, novels, and poems take students into different worlds, helping them think beyond their surroundings. It also improves concentration, focus, and understanding.



In today's digital age, students often spend more time on screens. Replacing some screen time with reading can be very beneficial. Even reading for a few minutes daily can make a big difference.



Teachers and parents should encourage children to read books of their interest. A good reading habit not only improves academic performance but also helps students become confident, thoughtful and creative individuals.

*A good book
is a good friend
that never
betrays.*



A good reading habit shapes bright minds and builds a better tomorrow.

Virpal Kaur



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LEAD360 - EXPLORE, EXPRESS, EXCEL

Wednesday

INSPIRATIONAL TALK

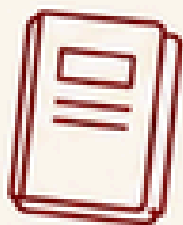
“

अंधेरा कभी इतना शक्तिशाली नहीं होता
कि एक छोटी-सी उम्मीद की लौ को बुझा सके।”



IMAGINE THIS...

Kal subah jab aap uthen aur aapse kaha jaaye
ki aaj se aap bahar nahi ja sakte.
No school... no friends... no playground... no freedom.
Aap kitne din himmat bana paayenge?



THE STORY OF ANNE FRANK

A thirteen-year-old girl lived in hiding for more than two years.
Instead of hatred, she filled her diary with hope.
She laughed. She dreamed. She wanted to become a writer.
She was just like you.

“

SHE ONCE WROTE,

*“In spite of everything, I still believe that
people are really good at heart.”*

A girl who had every reason to hate the world...
...still chose to trust it.

*Anne Frank teaches us that circumstances
don't define your character... your response does.*



REMEMBER...

Life will not always be fair.
But strong people are not those who never face darkness.
*Strong people are those who become
light despite the darkness.*



SO, DEAR STUDENTS,

Whenever you read The Diary of a Young Girl,
read it as a lesson in gratitude, courage, and hope.

“

इतिहास उन लोगों को नहीं याद रखता जिनके पास सब कुछ था;
इतिहास उन्हें याद रखता है जिन्होंने कुछ भी न होते हुए
भी उम्मीद नहीं छोड़ी।

”

Ms. Seema Mahajan
Activity Coordinator

BCM SCHOOL

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BASANT
AVENUE



BCM SCHOOL

BASANT AVENUE, DUGRI ROAD, LUDHIANA



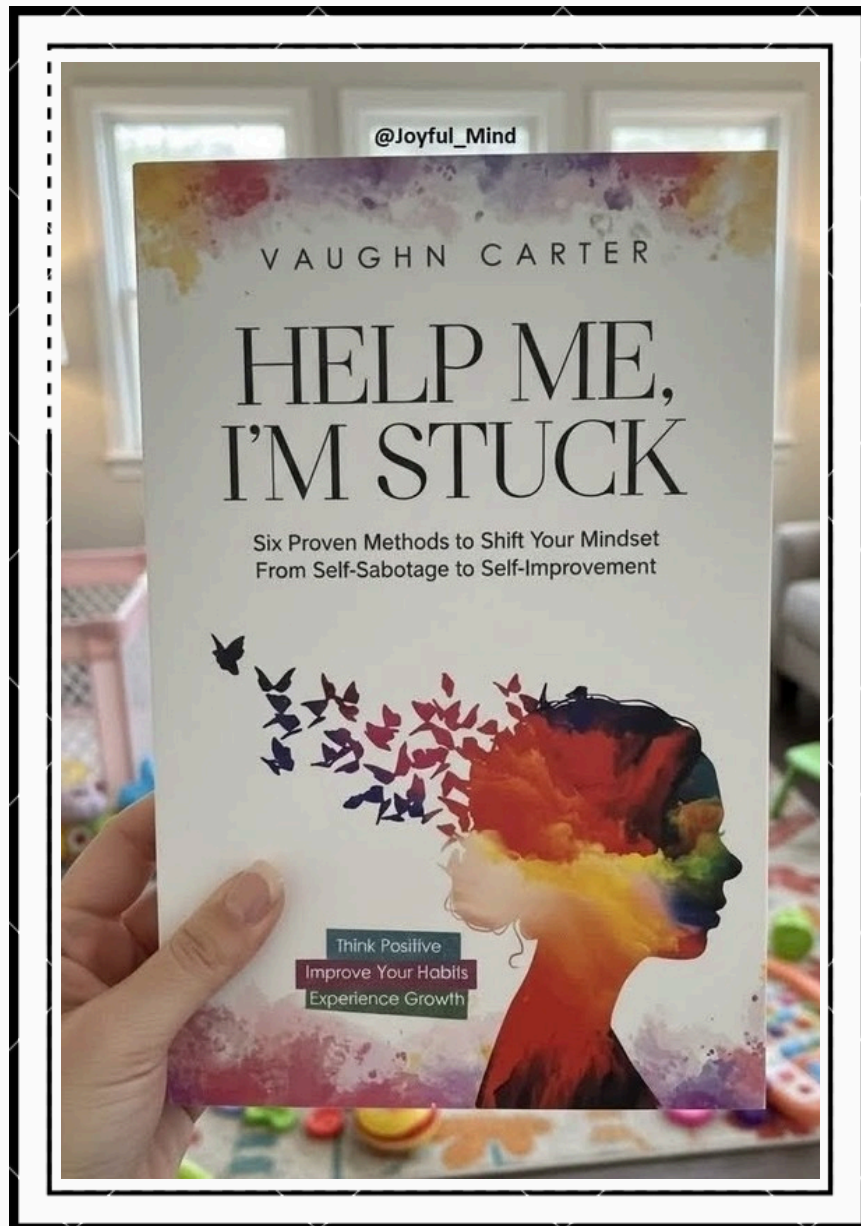
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15th July' 26

LEAD360 - EXPLORE, EXPRESS, EXCEL Wednesday

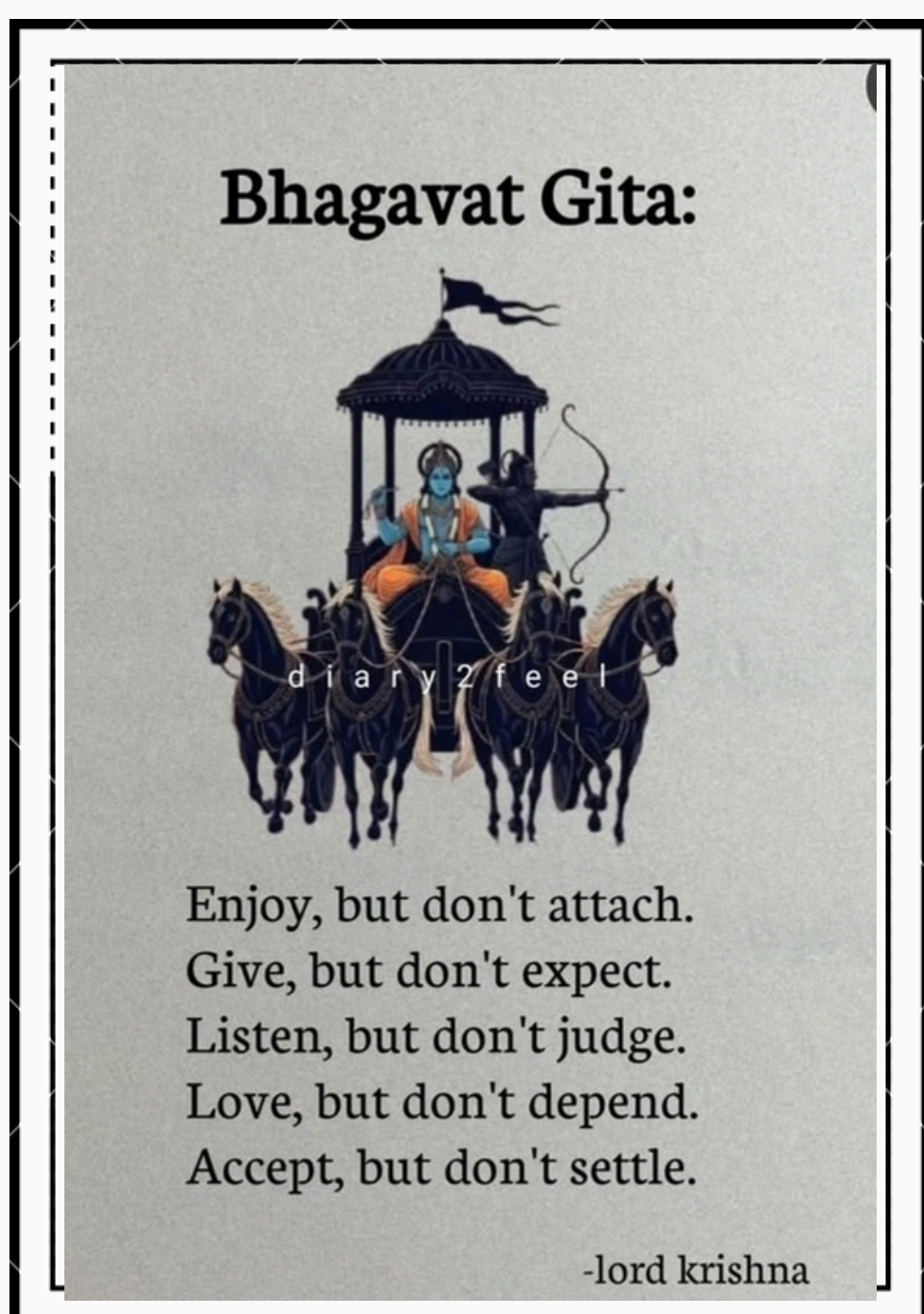
BOOK RECOMMENDATION :

HELP ME I'M STUCK

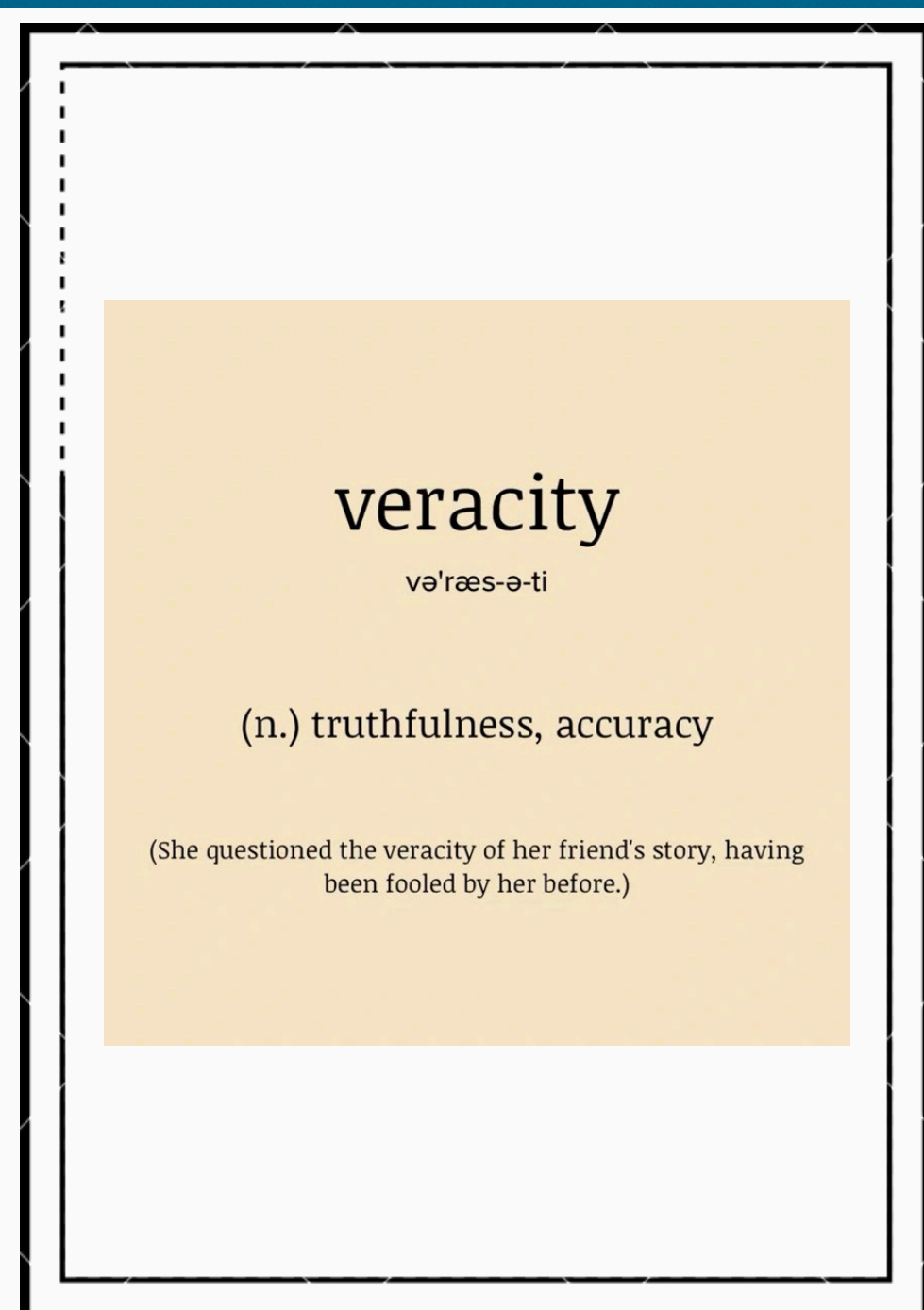


Help Me, I'm Stuck by Vaughn Carter is an inspiring self-help book that encourages readers to overcome fear, self-doubt, and the mental barriers that keep them from reaching their full potential. Through practical insights and relatable examples, the author explains how negative thinking and limiting beliefs can prevent personal growth. The book motivates readers to take responsibility for their lives, embrace change, and develop a positive mindset to move forward with confidence. Written in a simple and engaging style, it offers actionable strategies for building resilience and achieving meaningful goals. This is an excellent read for anyone seeking motivation, clarity, and the courage to break free from life's obstacles and unlock their true potential.

THOUGHT OF THE DAY



WORD



EDITOR & CREATIVE LEAD: MS. SANSKRITI VERMA (OUTREACH & MEDIA)



BCM SCHOOL

BASANT AVENUE, DUGRI ROAD, LUDHIANA

BCMF
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THE BCM EDGE

16th July' 26 LEAD360 - EXPLORE, EXPRESS, EXCEL Thursday

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AAGASTYA

for making us proud!

Your dedication, discipline and determination have set a shining example for us all.



★ PROUD ACHIEVEMENT ★

AAGASTYA
won

**3 BRONZE
MEDALS**



BRONZE – 50 M
BACKSTROKE



BRONZE – 100 M
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BRONZE – 200 M
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DISTRICT SWIMMING OPEN CHAMPIONSHIP

Under 14 Category | 11th – 12th July 2026 | PAU, Ludhiana

Every Stroke, A Step Towards Greatness!



THE BCM EDGE

16th July' 26

LEAD360 - EXPLORE, EXPRESS, EXCEL

Thursday

ORIENTATION SESSION: ADVANCED MATHEMATICS & SCIENCE (GRADE IX)



An orientation session for Grade IX students was conducted by Mr. Dinesh Kumar Sharma (HOD, Mathematics) and Ms. Pallavi Bajaj (PGT, Mathematics), introducing the Advanced Level papers in Mathematics and Science

These specialized papers are offered alongside the regular Standard curriculum that all students study.

The session aimed to broaden the students' horizons regarding subject selection and academic opportunities. Students were enlightened about the option to choose one or both of the Advanced papers (Maths & Science), enabling them to explore concepts well beyond the standard syllabus.

Besides guiding the students through these academic choices, the speakers also thoroughly briefed them on the comprehensive assessment criteria for the Advanced Level curriculum. The resource persons encouraged the students to think critically about their academic paths and make wise, informed choices that align with their future aspirations.

Overall, the session gave students a clear roadmap and the necessary confidence to pursue these optional, skill-building challenges.



THE BCM EDGE

16th July' 26

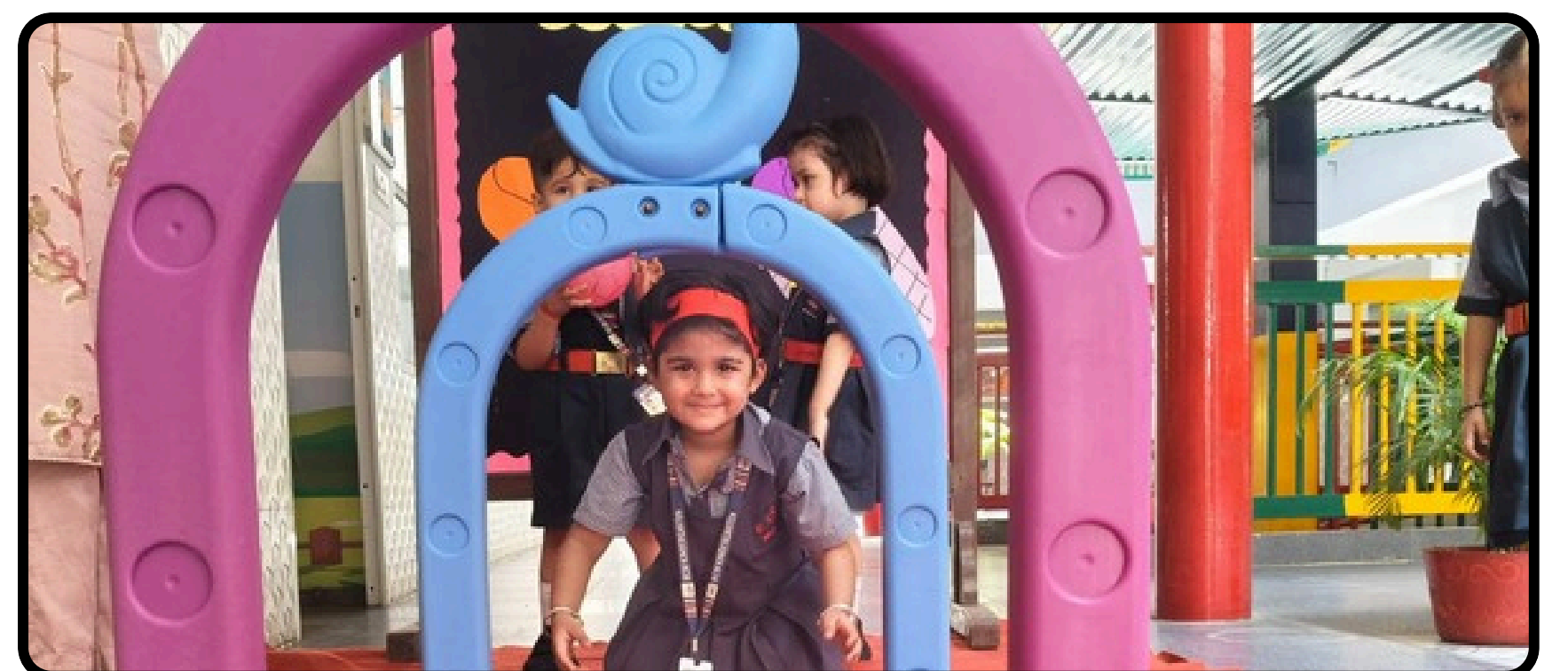
LEAD360 - EXPLORE, EXPRESS, EXCEL

Thursday

KICKING TOWARDS CONFIDENCE: BALL PLAY ACTIVITY BUILDS SKILLS THROUGH FUN

To promote physical development through joyful learning, an engaging Ball Play Activity was organised for the young learners. The session began with teachers demonstrating the correct and safe techniques of kicking, throwing, and catching a ball. Children were then divided into small groups, where each child enthusiastically participated by kicking the ball towards a target, throwing it to a partner, and catching a soft ball using both hands. Throughout the activity, teachers provided constant guidance, encouraged teamwork, and ensured that all safety measures were followed. The cheerful atmosphere, filled with applause and encouragement, made the experience both exciting and enriching.

Principal Dr. Vandna Shahi appreciated the initiative and remarked that such physical activities not only strengthen gross motor skills and coordination but also foster teamwork, self-confidence, discipline, and the ability to follow instructions in an enjoyable learning environment.



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Thursday

Your Future Self is Watching

Making Today's Choices with Tomorrow in Mind

“The future depends on what you do today.”

— Mahatma Gandhi



Every day, we make hundreds of choices—some small, some significant. We choose whether to wake up on time, complete our work honestly, speak kindly, spend time wisely, or postpone our responsibilities. While these decisions may seem ordinary, they quietly shape the person we are becoming.



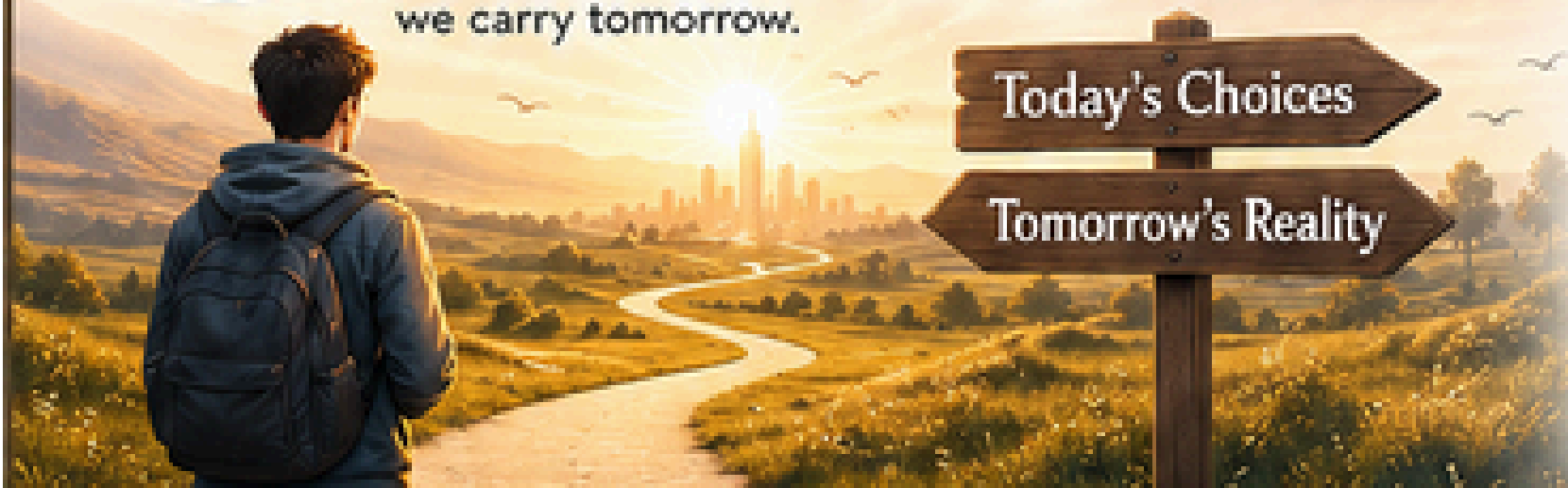
Imagine meeting your future self ten years from now. Would they thank you for the habits you are building today? Or would they wish you had made different choices? The answer lies not in one big decision, but in the small actions repeated every day.



Our future is not created overnight. It is built through daily discipline, consistent effort, and thoughtful decisions. A student who chooses to read a few pages every day gains knowledge that lasts a lifetime. A teacher who continues learning and growing becomes a lifelong source of inspiration. Every positive choice is an investment in a brighter tomorrow.



As students and educators, we are all writing the story of our future—one decision at a time. The habits we nurture today become the character we carry tomorrow.



Sukhnandan Pal Kaur

Counselor

Today's choices
become tomorrow's reality.



Choose learning
over excuses.



Choose honesty
over shortcuts.



Choose kindness
over criticism.

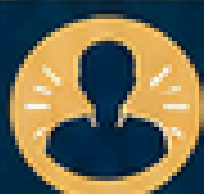


Choose discipline
over distraction.



Choose perseverance
over giving up.

“In a world full of instant gratification, patience and consistency are powerful strengths. Success is rarely the result of a single moment; it is the outcome of countless wise decisions made when no one is watching.”



Your future self is shaped by the choices you make today.

So, before every decision, ask yourself:

“Will my future self thank me for this?”

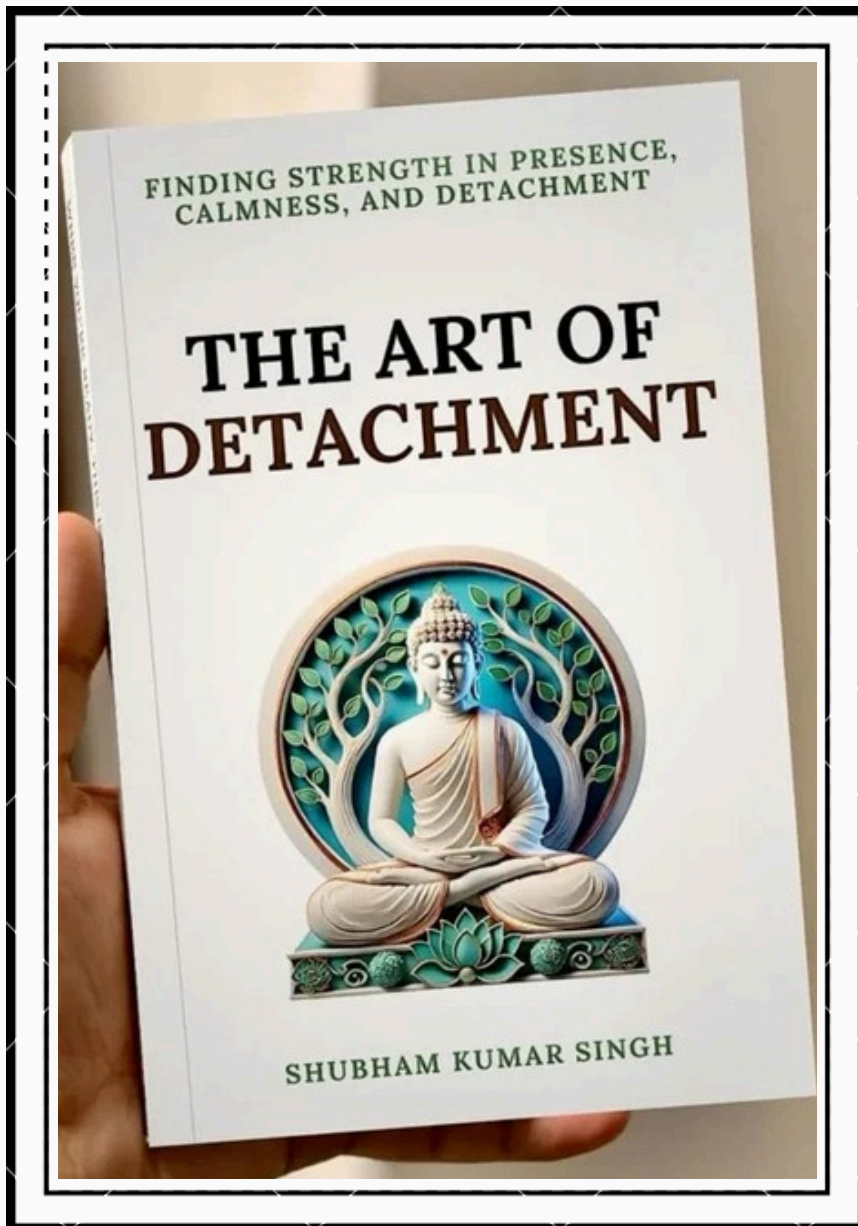
THE BCM EDGE

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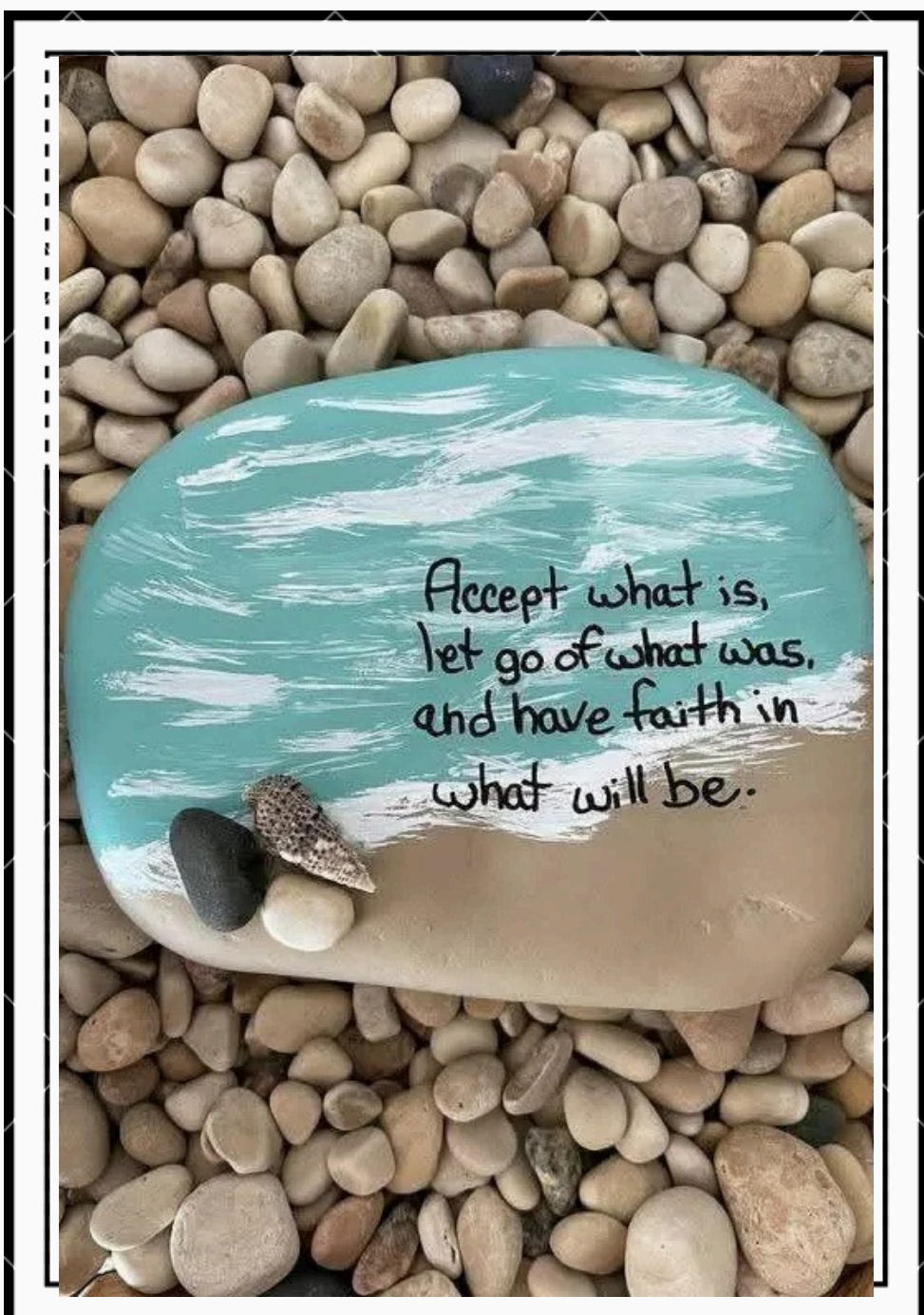
Thursday

BOOK RECOMMENDATION : THE ART OF DETACHMENT



The Art of Detachment by Shubham Kumar is a thought-provoking self-help book that explores the power of letting go of unnecessary emotional burdens while staying deeply connected to life's purpose. With simple language and relatable examples, the author explains how detachment is not about becoming indifferent but about finding inner peace, emotional balance, and mental clarity. The book encourages readers to release fear, expectations, and negativity, enabling them to make wiser decisions and build healthier relationships. It is an inspiring read for anyone seeking personal growth, resilience, and a calmer, more mindful approach to life's challenges.

THOUGHT OF THE DAY



WORD

Epiphany

noun /ˈɪpɪfəni/

A moment of sudden and great revelation or realization

"In the quiet of the morning, as the first light touched the ancient trees, she had an epiphany about her true purpose, a clarity that had eluded her for years."

WORDWIDE AI